



YOUNG CARERS ACTION DAY

16 MARCH 2021



Young Carers Action Day, previously known as Young Carers Awareness Day, takes place every year to raise awareness of young carers and the wonderful things they do for their families and loved ones and the amazing impact this has on their communities.

This year the focus of the day is **“Protecting young carers futures.”** It will recognise the skills that young people gain from being a young carer but will also focus on ensuring that young carers have the same access to opportunities as their peers.

With that in mind Centre 33 will be introducing our Young Carers Advisory Board. The Young Carers representatives that have formed the board will work closely with schools and Centre 33 to help shape young carers futures by giving young carers a voice, and help to shape the support that they receive and how this is provided.

Young Carers Advisory Board representatives will allow young carers voices to be heard, support confidence building and encourage young carers to shape our services and key messages. We want the advisory board to have a direct impact on the how our service is built in the future and the support that it offers to young carers, ensuring it is more meaningful and relevant to their needs. The board currently has 23 members from the age of 8–18 and they held their first meeting on Saturday 30th January.

“I joined the Young Carers Advisory Board because I wanted to raise awareness of young carers and help create change.”

To promote Young Carers Action day within your community you can follow Centre 33 on your social media and share our posts. We will be celebrating young carers for the whole week, 15th March - 19th March and highlighting some of the challenges that young carers face. We hope you will join us in raising awareness of young carers. Tag us on social media and use the hashtag **#YoungCarersActionDay**.

CONTACT:



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Centre 33 supports young carers aged up to the age of 18 across Cambridgeshire and Peterborough.



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