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| Autumn 1  Me and my relationships | Autumn 2  Scarf Year 5 long term overview.  Valuing differences | Spring 1  Keeping safe | Spring 2  Growing and changing | Summer 1  Being my best | Summer 2  Rights and respect |
| Collaboration challenge | Qualities of friendship | Play share like | How are they feeling? | It all adds up | What’s the story? |
| Give and take | Kind conversations | Spot bullying | Taking notice of our feelings | Different skills | Fact or opinion |
| communication | Happy being me | Ella’s diary. dilemma’s | Dear Ash | My school community | Mo makes a differene |
| How good a friend are you? | The land of the red people | Vaping is it healthy | Growing up and changing bodies | Independence and responsibility | Rights respects and duties |
| Relationship cake recipe | Is it true? | Would you risk it? | Changing bodies and feelings | Star qualities | Spending wisely |
| Our emotional needs | Stop. Start. stereotype | Drugs true or false | Help im a teenager | Basic first aid |  |
| Being assertive | It could happen to anyone | Smoking – what is normal |  |  | Dear Hetty |