

	Autumn 1	Autumn 2	Spring 1	Autumn 1	Summer 1	Spring 1
	Being me in my world Celebrating difference	Dreams and Goals Healthy Me	Relationships Changing me	Being me in my world Celebrating difference	Dreams and Goals Healthy Me	Relationships Changing me
Year 6	<p>Lesson 1- 3: Identifying goals for the year Global citizenship Children’s universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling</p> <p>Lesson 1- 3: Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion</p>	<p>Lesson 1-3: Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments</p> <p>Lesson 1-3: Taking personal responsibility How substances affect the body Exploitation, including ‘county lines’ and gang culture Emotional and mental health Managing stress</p>	<p>Lesson 1-3: Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology used</p> <p>Lesson 1-3: Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent</p>	<p>Lesson 1- 3: Identifying goals for the year Global citizenship Children’s universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling</p> <p>Lesson 1- 3: Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion</p>	<p>Lesson 1-3: Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments</p> <p>Lesson 1-3: Taking personal responsibility How substances affect the body Exploitation, including ‘county lines’ and gang culture Emotional and mental health Managing stress</p>	<p>Lesson 1-3: Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology used</p> <p>Lesson 1-3: Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent</p>

	Differences as conflict, difference as celebration Empathy			Differences as conflict, difference as celebration Empathy		
	Autumn 1 Citizenship (Identity and Communities)	Autumn 2 Discrimination EHWB	Spring 1 Prevent	Spring 2 Careers- Planning for the future	Summer 1 Risk (Drugs & Emotional Wellbeing)	Summer 2 RSHE Healthy Lifestyle
Year7	Lesson 1 – Identity and group work Lesson 2- Diversity Lesson 3- Families Lesson 4- Communities Lesson 5- Good citizens	Lesson 6,7,8,9- Discrimination (Physical disability, HI, VI) Lesson 1&2- EHWB	Lesson 1 – Understanding and preventing extremism Lesson 2 – How can language divide us? Lesson 3 – How can people’s actions be affected by others’ influence Lesson 4 – How can you help the community?	Lesson 1- Jobs through the ages Lesson 2- National careers service Lesson 3- Career speed dating Lesson 4-reflection and evaluation	Lesson 1- Transport and home safety Lesson 2- Running away Lesson 3 & 4- Smoking Lesson 5- Alcohol Lesson 6- E-safety Lesson 7- Role play/peer pressure assessment	Lesson 1- Self esteem and personal Hygiene Lesson 2- Puberty Lesson 3- Key words and diagrams Lesson 4- Sanitary products Lesson 5- Puberty problems and advice Lesson 6- My opinions Lesson 7- EHWB managing feelings Lesson 1- Healthy Lifestyle

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	EHWB E-Safety	Real Love Rocks Risk	Careers	Bullying	Citizenship (living together in the UK) (Diversity)	RSHE
Year 8	<p>Lesson 1-Self esteem and identity Lesson 2- Body image Lesson 3- Healthy lifestyle and disordered eating Lesson 4- Managing feelings</p> <p>Lesson 1- Cyberbullying Lesson 2- Sexting Lesson 3- Peer pressure Lesson 4- Self Esteem</p>	<p>Lesson 1- Healthy relationships and consent Lesson 2- CSE and grooming Lesson 3- Keeping safe Lesson 4- Impact of porn and Sexting</p> <p>Lesson 1- Alcohol Lesson 2- Smoking Lesson 3- Peer pressure</p>	<p>Lesson 1- The world of work Lesson 2 – National Careers service Lesson 3- Who am I? Lesson 4-Routes available Lesson 5- CV, children and the law. Wages, employers, H&S. Lesson 6- Reflection and evaluation.</p>	<p>Lesson 1- Verbal bullying Lesson 2- Bullying strategies Lesson 3- Rights and responsibilities Lesson 4- Peer pressure Lesson 5- Smoking and alcohol Lesson 6- Alcohol</p>	<p>Lesson 1- Democracy in the UK Lesson 2- Local services Lesson 3- Mutual respect Lesson 4- Racism Lesson 5- Homophobia Lesson 6- Gender and disability Lesson 7- Discrimination projects Lesson 8- Presentations</p>	<p>Lesson 1- Puberty changes recap Lesson 2- Menstruation Lesson 3- Relationships Lesson 4- Gender and sexuality Lesson 5- Conception Lesson 6- Contraception Lesson 7- Contraception presentation Lesson 8- Parenthood</p>