



WEEK ONE MENU

Kirkburton Middle School
Autumn – Winter Menu
Sept-Dec 2023



	Main Offer	Vegetarian	Starchy Side	Vegetable Choice	Desserts	Available Everyday
MONDAY	Beef Lasagne	Roast vegetables lasagne	Baked Potato wedges	Mixed Salad	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
TUESDAY	Pork sausage & gravy	Quorn Sausage & gravy	Mashed Potato	Garden Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
WEDNESDAY	Roast Gammon & Yorkshire Pudding	Homemade Cheese & Potato Pie	Roast potato	Seasonal Vegetables	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
THURSDAY	Chicken Noodles Stir Fry	Quorn chicken stir fry	Noodles	Sweetcorn	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
FRIDAY	Fish fingers wrap with salad	Quorn Nuggets	Chips	Baked Beans Mushy Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce

Food Allergies & Intolerance If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.



SEASONAL KITCHEN



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MONDAY	Chicken Korma	Red lentil & butternut squash curry	Wholemeal rice Garden Peas	Garden Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
TUESDAY	Mexican Beef Chilli	Quorn veg chilli	Rice Salsa with nachos	Sweetcorn	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
WEDNESDAY	Roast Chicken Dinner & Yorkshire pudding	Veggie Toad in the Hole Onion Gravy	Roast Potatoes	Seasonal Vegetables	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
THURSDAY	All Day Breakfast Sausage and Scrambled Egg	All Day Breakfast Quorn Sausage and Scrambled Egg	Hash Brown Baked Beans	Baked Beans	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
FRIDAY	Battered Fish	Quorn Nuggets	Chips	Baked Beans Mushy Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce

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	Main Offer	Vegetarian	Starchy Side	Vegetable Choice	Desserts	Available Everyday
MONDAY	Chicken & Leek pie	Quorn Chicken & leek pie	Mashed Potato	Garden Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
TUESDAY	Chicken meat balls marinara pasta	Macaroni Cheese	Garlic Bread	Sweetcorn	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
WEDNESDAY	Roast Pork stuffing with apple sauce & Yorkshire pudding	Fetta & roast peppers pitta bread with roast potatoes & cous cous salad	Roast Potatoes	Vegetable Choice	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
THURSDAY	Chicken Fajitas	Roast Vegetables Fajitas With Salsa Topping & Cheese	Oven Bake Potato Wedges	Sweetcorn & peppers	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce
FRIDAY	Breaded Fish	Quorn Sausage Rolls	Chips	Baked Beans Mushy Peas	Hot pudding & Custard Fresh bake of the day Fruit salad	Snack Of The Day Baked Potato tuna/beans/cheese with side salad Pasta & Sauce

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