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| Year 6 | **Autumn 1**Being me in my worldCelebrating differenceLesson 1: Dreams and goals.Lesson 2:Rights, Responsibilities, Rewards and consequencesLesson 1:What is normal?Lesson 2: Understanding difference- EqualityLesson 3 & 4: Bullying | **Autumn 2**Healthy Me RelationshipsLesson 1: Taking responsibility for my health and WBLesson 2 and 3: DrugsLesson 4: Emotional and Mental HealthLesson 1: What is mental healthLesson 2: My mental healthLesson 3: Love and Loss | **Spring 1**Changing meLesson 1: Self imageLesson 2 and 3: Foetal developmentLesson 4 and 5: PubertyLesson 6: FGM | **Autumn 1**Being me in my worldCelebrating differenceLesson 1: Dreams and goals.Lesson 2:Rights, Responsibilities, Rewards and consequencesLesson 1:What is normal?Lesson 2: Understanding difference- EqualityLesson 3 & 4: Bullying | **Summer 1**Healthy Me RelationshipsLesson 1: Taking responsibility for my health and WBLesson 2 and 3: DrugsLesson 4: Emotional and Mental HealthLesson 1: What is mental healthLesson 2: My mental healthLesson 3: Love and Loss | **Spring 1**Changing meLesson 1: Self imageLesson 2 and 3: Foetal developmentLesson 4 and 5: PubertyLesson 6: FGM |
|  | **Autumn 1**Citizenship(Identity and Communities) | **Autumn 2**DiscriminationEHWB | **Spring 1**Prevent | **Spring 2**Careers-Planning for the future | **Summer 1**Risk(Drugs & Emotional Wellbeing ) | **Summer 2**RSHEHealthy Lifestyle |
| Year7 | Lesson 1 – Identity and group workLesson 2- DiversityLesson 3- FamiliesLesson 4- CommunitiesLesson 5- Good citizens | Lesson 6,7,8,9- Discrimination (Physical disability, HI, VI)Lesson 1&2- EHWB | Lesson 1 – Understanding and preventing extremismLesson 2 – ExtremismLesson 3 – Critical readersLesson 4 – British Values | Lesson 1- Jobs through the agesLesson 2- National careers serviceLesson 3- Career speed datingLesson 4-reflection and evaluation | Lesson 1- Transport and home safetyLesson 2- Running awayLesson 3 & 4- SmokingLesson 5- AlcoholLesson 6- E-safetyLesson 7- Role play/peer pressure assessment | Lesson 1- Self esteem and personal HygieneLesson 2- PubertyLesson 3- Key words and diagramsLesson 4- Sanitary productsLesson 5- Puberty problems and adviceLesson 6- My opinionsLesson 7- EHWB managing feelingsLesson 1- Healthy Lifestyle |
|  | **Autumn 1**EHWBE-Safety | **Autumn 2**Real Love RocksRisk | **Spring 1**Careers | **Spring 2**Bullying | **Summer 1**Citizenship(living together in the UK)(Diversity) | **Summer 2**RSHE |
| Year 8 | Lesson 1-Self esteem and identityLesson 2- Body imageLesson 3- Healthy lifestyle and disordered eatingLesson 4- Managing feelingsLesson 1- CyberbullyingLesson 2- SextingLesson 3- Peer pressureLesson 4- Self Esteem | Lesson 1- Healthy relationships and consentLesson 2- CSE and groomingLesson 3- Keeping safeLesson 4- Impact of porn and SextingLesson 1- AlcoholLesson 2- SmokingLesson 3- Peer pressure | Lesson 1- The world of workLesson 2 – National Careers serviceLesson 3- Who am I?Lesson 4-Routes availableLesson 5- CV, children and the law. Wages, employers, H&S.Lesson 6- Reflection and evaluation. | Lesson 1- Verbal bullyingLesson 2- Bullying strategiesLesson 3- Rights and responsibilitiesLesson 4- Peer pressureLesson 5- Smoking and alcoholLesson 6- Alcohol | Lesson 1- Democracy in the UKLesson 2- Local servicesLesson 3- Mutual respectLesson 4- RacismLesson 5- HomophobiaLesson 6- Gender and disabilityLesson 7- Discrimination projectsLesson 8- Presentations | Lesson 1- Puberty changes recapLesson 2-MensturationLesson 3- RelationshipsLesson 4- Gender and sexualityLesson 5- ConceptionLesson 6-ContraceptionLesson 7- Contraception presentationLesson 8- Parenthood  |