

	Autumn 1	Autumn 2	Spring 1	Autumn 1	Summer 1	Spring 1
	Being me in my world Celebrating difference	Healthy Me Relationships	Changing me	Being me in my world Celebrating difference	Healthy Me Relationships	Changing me
Year 6	Lesson 1: Dreams and goals. Lesson 2: Rights, Responsibilities, Rewards and consequences Lesson 1: What is normal? Lesson 2: Understanding difference- Equality Lesson 3 & 4: Bullying	Lesson 1: Taking responsibility for my health and WB Lesson 2 and 3: Drugs Lesson 4: Emotional and Mental Health Lesson 1: What is mental health Lesson 2: My mental health Lesson 3: Love and Loss	Lesson 1: Self image Lesson 2 and 3: Foetal development Lesson 4 and 5: Puberty Lesson 6: FGM	Lesson 1: Dreams and goals. Lesson 2: Rights, Responsibilities, Rewards and consequences Lesson 1: What is normal? Lesson 2: Understanding difference- Equality Lesson 3 & 4: Bullying	Lesson 1: Taking responsibility for my health and WB Lesson 2 and 3: Drugs Lesson 4: Emotional and Mental Health Lesson 1: What is mental health Lesson 2: My mental health Lesson 3: Love and Loss	Lesson 1: Self image Lesson 2 and 3: Foetal development Lesson 4 and 5: Puberty Lesson 6: FGM
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Citizenship (Identity and Communities) Discrimination	Discrimination (cont) EHWB Prevent	Risk (Drugs & Emotional Wellbeing)	Risk (cont)	Careers- Planning for the future Healthy Lifestyle	RSHE

Year7	Lesson 1 – Identity and group work Lesson 2- Diversity Lesson 3- Families Lesson 4- Communities Lesson 5- Good citizens Lesson 6- Physical Disability Lesson 7- HI and VI	Lesson 8,9- Discrimination group work and presentations Lesson 1&2- EHWP Lesson 1 – Understanding and preventing extremism Lesson 2 – Extremism Lesson 3 – Critical readers Lesson 4 – British Values	Lesson 1- Personal Safety Lesson 2- Emergency response and First Aid Lesson 3- First Aid and reflection Lesson 4- Running Away Lesson 5 & 6- Smoking	Lesson 7 & 8- Alcohol Lesson 9 - Drugs Lesson 10 –E-safety Lesson 11- Unit assessment	Lesson 1- Jobs through the ages Lesson 2- National careers service Lesson 3- Career speed dating Lesson 4- reflection and evaluation Lesson 1 & 2- Healthy Lifestyle	Lesson 1- Self esteem and personal Hygiene Lesson 2- Puberty Lesson 3- Key words and diagrams Lesson 4- Sanitary products Lesson 5- Puberty problems and advice Lesson 6- My opinions Lesson 7- EHWP managing feelings
	Autumn 1 EHWP E-Safety	Autumn 2 Real Love Rocks	Spring 1 Careers	Spring 2 Bullying Risk	Summer 1 Citizenship (living together in the UK) (Diversity)	Summer 2 RSHE
Year 8	Lesson 1 & 2-Self esteem and identity Lesson 3 & 4- Body image Lesson 5 & 6- Healthy lifestyle and disordered eating Lesson 7 & 8- Managing feelings	Lesson 1- Cyberbullying Lesson 2- Sexting Lesson 3- Peer pressure Lesson 4- Self Esteem Lesson 1- Healthy relationships and consent Lesson 2- CSE and grooming Lesson 3 - Keeping safe	Lesson 1- The world of work Lesson 2 – National Careers service Lesson 3- Who am I? Lesson 4-Routes available	Lesson 1- Verbal bullying Lesson 2- Bullying strategies Lesson 3- Rights and responsibilities Lesson 4- Peer pressure Lesson 5- Smoking and alcohol	Lesson 1- Democracy in the UK Lesson 2- Local services Lesson 3- Mutual respect Lesson 4- Racism	Lesson 1- Puberty changes recap Lesson 2- Menstruation Lesson 3- Relationships Lesson 4- Gender and sexuality Lesson 5- Conception

		Lesson 4- Impact of porn and Sexting		Lesson 6- Alcohol	Lesson 5- Homophobia Lesson 6- Gender and disability Lesson 7- Discrimination projects Lesson 8- Presentations	Lesson 6- Contraception Lesson 7- Contraception presentation Lesson 8- Parenthood
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