

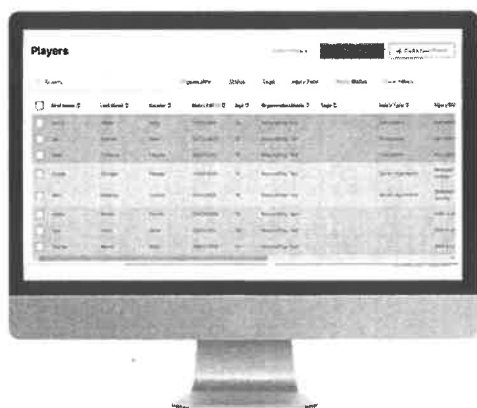
About Return2Play

Return2Play are the UK's leading sports medicine partner for schools.

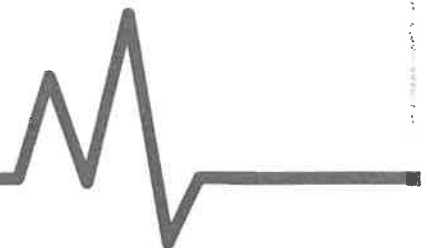
Our mission is to provide gold standard medical care at an affordable price, providing injured pupils with direct access to some of the UK's leading sports doctors and concussion experts. Helping parents and pupils navigate the road back to recovery.

Our **Head Injury & Concussion Care** service is used by over 100 of the UK's leading schools and clubs. Our 40+ strong medical team have managed over 3000 concussions and provided more than 8000 appointments in the last academic year alone.

Making sport safer than ever whilst reducing risk for pupils, staff and schools.



The UK's Leading Sports Medicine Partner for Schools



What is concussion?

Concussion is a **mild traumatic brain injury**.

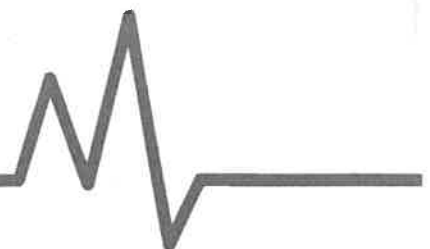
Recently there has been growing concern over head injuries and concussions in sport and at schools. Concussions can affect a child's physical, mental and emotional health as well as their academic and sporting performance.

There are strict post-concussion guidelines in place that the injured child, their parents, their school and their sports clubs must follow before they can return to sport.

This involves having at least 2 appointments with doctors. It can often be difficult to find doctors with expert knowledge of the injury without having to wait weeks for appointments, or pay large sums of money for private referrals.

This is where Return2Play's **Head Injury & Concussion cover** comes in.

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What is the Return to Sport pathway?

UK Government guidance released in April 2023, has made navigating the journey to recovery following a concussion more complex than before.

Below is the pathway that our medical team help the pupil, their parents and the school navigate. Taking away the administrative burden placed on the school.

Day	Non-Contact Sport	Day	Contact Sport
0-2	Early relative rest	0-2	Early relative rest
	Return2Play Assessment		Return2Play Assessment
2-6	Return to activities of daily living	2-6	Return to activities of daily living
	If no exacerbation of symptoms, can proceed		If no exacerbation of symptoms, can proceed
7-13	Introduction of low-risk physical exercise	7-13	Introduction of low-risk physical exercise
	Return2Play Appointment		Return2Play Appointment
14-20	Return to PE/Games sessions	14-20	Return to PE/Games sessions
	Return2Play Appointment		Return2Play Appointment
21	Earliest return to matches/competition	21	Earliest return to contact training
23		23	Earliest return to matches/competition

*UK Government Guidelines can be found at
www.sportandrecreation.org.uk.*

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What is included in the cover?

Unlimited Doctors Appointments

We provide an unlimited number of appointments for each head injury your child may have.

No Waiting Rooms

Our online clinics run 7 days/week, with morning, afternoon, evening and weekend appointments available, so you don't have to miss work nor your child miss school to spend hours sitting in a waiting room.

Easy Booking and No Admin

Our innovative R2P System makes booking appointments simple and easy. You can also add sports clubs and other people to your child's account, so they're automatically kept up to date with your child's recovery.

Bespoke Care

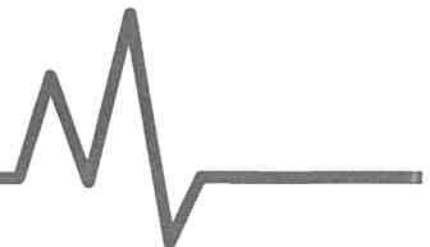
Our medical team work with you and your child's school to ensure they follow a recovery plan specific to their needs.

Unrivalled Medical Expertise

We've seen **6000+** child and youth concussions to date. Our medical team also work in elite sport and are seen as leading voices in the field of concussion.

Giving you the peace of mind that your child is receiving gold-standard medical care.

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How does it work?

The Injury

Unfortunately, injuries happen. Whether it's at school, on the sports field, at home or elsewhere - your child is covered.

STEP
01

R2P System

Staff record the injury on the R2P System and parents are automatically notified and instantly able to book a doctors appointment.

STEP
02

Diagnosis

Same-day appointment available to confirm or deny diagnosis of concussion (subject to availability).

STEP
03

Ongoing Care

R2P's medical team guide you and your child through their recovery. You can have an unlimited number of appointments as needed.

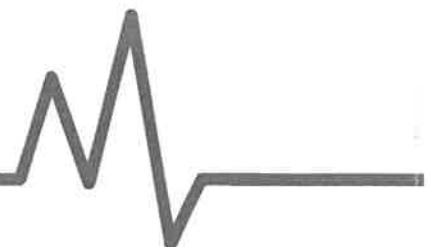
STEP
04

Return to Sport

Once safe to do so, your child will be signed off to return to sport, with their school, clubs and yourself automatically notified.

STEP
05

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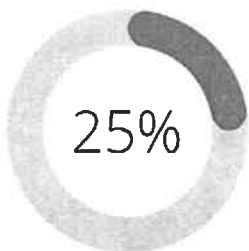


Did you know?



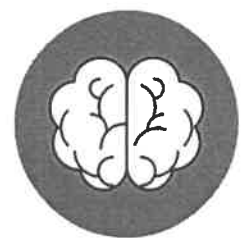
20% of concussions are from non-sport incidents, such as in the playground, classroom or at home.

It's not a "rugby injury". We've treated concussions from **18 different sports**.



25% of concussions at our partner schools and clubs happen to girls. Often, the recovery time for girls is longer.

Being knocked unconscious is **very rare**. There are lots of signs and symptoms that suggest the brain is injured.



Return2Play's daily clinics ensure that there are **no delays in returning to sport** for those who are fit and able to do so.

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Part of Meliora Medical Group

**To find out more, please
visit our website or get in
touch.**

**www.return2play.org.uk
hello@return2play.org.uk**

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