Senior School - Week A Week Commencing: 1, 15, 29 January 2024

Monday

Chicken Korma with Long Grain Rice and Naan Bread \sim Sweet & Sour Quorn, Rice

Broccoli & Sweetcorn

<u>Tuesday</u>

Honey Roast Gammon, Roast Potatoes, Apple Sauce & Stuffing

Aubergine, Goats Cheese, Courgette, Potato Gratin

Peas & Sweetcorn

<u>Wednesday</u>

Hot Pot Pie

Macaroni Cheese, Lancashire Cheese & Herb Crumble

Herby Diced Potatoes, Fine Beans & Carrots

<u>Thursday</u>

Roasted Chicken Breast, Crispy Pancetta, Peppercorn Sauce

Curry Roasted Cauliflower, Lentil Dahl, Bombay Potatoes

Dauphinoise Potatoes, Carrots & Cabbage

<u>Friday</u>

Fish & Chips, Mushy Peas, Curry Sauce, Gravy

Salt & Pepper Halloumi, Roasted Vegetables, Flat Bread, Garlic Mayo, Chilli Sauce



There will be a daily vegan, halal and gluten-free main course options available every day. Sandwich deli bar, freshly prepared salads, assorted sandwiches and local potatoes baked in their jackets with fillings will be available every day, as well as hot sandwiches, pizza, sausage rolls and filled flat breads. Gluten-free sandwiches and salads available every day.

Senior School - Week B Week Commencing 8, 22 January 2024, 5 February 2024

Monday

Beef Bolognese, Penne Pasta, Garlic Bread

Wild Mushroom, Butter Beans, Courgette Fricassee & Rice

Peas & Sweetcorn

<u>Tuesday</u>

Pork & Leek Sausages, Yorkshire Pudding, Mashed Potato, Rich Jus

Homemade Vegetable Spring Roll, Fried Rice

Carrots & Green Beans

<u>Wednesday</u>

Barbecue Chicken Breast, BBQ Jerk Sauce

Korean Plant Based Bao Bun with Raw Vegetable Slaw

Herby Potatoes, Roasted Corn & Broccoli

<u>Thursday</u>

Roasted Beef, Yorkshire Pudding, Roast Potatoes, Gravy Cheese & Onion Pie ~ Roast Potatoes, Cauliflower Cheese & Carrots

<u>Friday</u>

Fish & Chips, Mushy Peas, Curry Sauce, Gravy \sim Quorn & Roast Vegetable Fajita, Tortilla Bread



There will be a daily vegan, halal and gluten-free main course options available every day. Sandwich deli bar, freshly prepared salads, assorted sandwiches and local potatoes baked in their jackets with fillings will be available every day, as well as hot sandwiches, pizza, sausage rolls and filled flat breads. Gluten-free sandwiches and salads available every day.