



PHYSICAL EDUCATION

Examination Board: AQA

Course:

The GCSE qualification in Physical Education provides opportunities for candidates to formally improve their overall knowledge and understanding of a range of practical and theoretical topics.

At GCSE level a formal qualification in Physical Education can be achieved by candidates building on the skills, knowledge and understanding previously acquired in curriculum PE and games lessons, representation in school teams and other involvement in sport within local teams outside of school. By providing a wide choice of practical activities that link with theoretical study, candidates can pursue sporting interests and further improve through staff expertise.

The course provides a sound foundation for those candidates who may wish to continue to study at AS and A2 level in Physical Education. Such pupils may eventually wish to enter one of the many areas of sport, leisure, teaching or coaching professions.

Course Components:

Paper 1 30% of the overall marks 1 hour 15 minutes

The aim of the question paper is to enable candidates to show their knowledge and understanding of the human body and movement in physical activity and sport.

The Programmes of Study

Applied A & P, movement analysis, physical training, use of data

Paper 2 30% of the overall marks 1 hour 15 minutes

Socio-cultural influences and well-being in physical activity and sport.

The Programmes of Study

Sports psychology, socio-cultural differences, health, fitness and well-being, use of data

The three sports chosen must be one individual and one team, with the other allowing for choice between the two categories.

Controlled Assessment & Practical 40% of the overall marks



KIRKHAM

GRAMMAR SCHOOL

Candidates' practical work is assessed on their ability to perform, coach, officiate and organise effectively under applied conditions in three selected activities chosen from these areas:

Games, Gymnastics, Dance, Athletics, Swimming, Outdoor and adventurous activities

They are also asked to assess their own ability to perform and analyse the strengths and weaknesses of the performance, making positive changes as they progress as part of an NEA.

Team Activity List

Association Football, Badminton, Basketball, Camogie, Cricket, Dance, Gaelic Football, Handball, Hockey, Hurling, Lacrosse, Netball.

Rowing cannot be assessed with sculling, canoeing or kayaking.

Rugby League cannot be assessed with Rugby Union or Rugby Sevens.

Rugby Union can be assessed as Sevens or fifteen-a-side.

Squash cannot be assessed with singles squash.

Table Tennis cannot be assessed with singles tennis.

Volleyball.

Individual Activity List

Amateur boxing, Athletics.

Badminton cannot be assessed with doubles badminton.

Canoeing/kayaking (slalom) cannot be assessed in both canoeing and kayaking.

Canoeing/kayaking (sprint) cannot be assessed in both canoeing and kayaking.

Cycling track or road cycling only. Cannot be assessed in track cycling and in road cycling.

Dance can only be used for one activity.

Diving platform diving only.

Golf.

Gymnastics (artistic) floor routines and apparatus only.

Equestrian.

Rock climbing can be indoor or outdoor climbing.

Skiing outdoor/indoor on snow. Cannot be assessed with snowboarding. Must not be on dry slopes.

Snowboarding outdoor/indoor on snow. Cannot be assessed with skiing. Must not be on dry slopes.

Squash cannot be assessed with doubles squash.

Swimming cannot be synchronised swimming. Cannot be personal survival. Cannot be lifesaving.

Table Tennis cannot be assessed with doubles table tennis.

Tennis cannot be assessed with doubles tennis.

Trampolining.

Any sports that are taken outside of school and not offered at KGS become sole responsibility of the candidate who must provide video evidence in line with the specification.