

What do humans need to survive?

Science Cedar Class Autumn 1

Vocabulary you will know...	
offspring	The child of a human or young animal.
hygiene	Keeping clean to stay healthy and stop diseases from spreading.
exercise	A physical activity.
live young	Born alive, animals that don't hatch from an egg.
diet	The food and drink that a person or animal usually eats or drinks.
reproduction	How living things make babies or new life, e.g. when a cat had kittens or plants grow from seeds.

Vocabulary you will hear...	
•growth, stages of development (e.g, child, toddler, adults etc) •heartbeat, breathing, pulse, energy, •germs, diseases •nutrition, healthy, unhealthy, food types (e.g. dairy, carbohydrate, protein, fats etc.)	

Scientist	
Florence Nightingale was a kind nurse who taught people how to keep people healthy. She found that cleaning hospitals and washing hands helped stop people getting sick. Her smart ideas helped doctors and nurses take better care of patients all over the world.	

Scientific Images



What I will know at the end of the unit.	
Know that animals, including humans, have offspring that grow into adults.	
Describe the basic needs of animals, including humans, need food, water or air to survive.	
The life cycle of a human.	
Exercise keeps people healthy.	
Humans needs to eat the right types of food to stay healthy.	
Keeping clean is important for staying safe and healthy.	