

What do humans need to survive?

Science Cedar Class Autumn 1

Vocabulary you will know...

offspring	The child of a human or young animal.
hygiene	Keeping clean to stay healthy and stop diseases from spreading.
exercise	A physical activity.
live young	Born alive, animals that don't hatch from an egg.
diet	The food and drink that a person or animal usually eats or drinks.
reproduction	How living things make babies or new life, e.g. when a cat had kittens or plants grow from seeds.

Vocabulary you will hear...

- growth, stages of development (e.g, child, toddler, adults etc)
- heartbeat, breathing, pulse, energy,
- germs, diseases
- nutrition, healthy, unhealthy, food types (e.g. dairy, carbohydrate, protein, fats etc.)

Scientist

Florence Nightingale was a kind nurse who taught people how to keep people healthy. She found that cleaning hospitals and washing hands helped stop people getting sick. Her smart ideas helped doctors and nurses take better care of patients all over the world.



Scientific Images



The Human Lifecycle



What I will know at the end of the unit.

I will know that animals, including humans, have offspring that grow into adults.

I will know the basic needs of animals, including humans, need food, water or air to survive.

I will know life cycle of a human.

I will know that exercise keeps people healthy.

I will know that humans needs to eat the right types of food to stay healthy.

I will know that keeping clean is important for staying safe and healthy.