

How PSHE Is Taught in EYFS at KWPS

At Kirkham & Wesham Primary School, PSHE is woven throughout our Early Years curriculum and is at the heart of our welcoming, caring and nurturing environment. While PSHE is not taught as a standalone subject within the EYFS Framework, its principles are embedded across daily routines, continuous provision, adult-led activities and key areas of learning.

Our reception curriculum supports children in developing confidence, resilience, independence and positive relationships, helping them to feel safe, valued and ready to learn.

Personal, Social and Emotional Development (PSED)

Children learn to:

- manage feelings and emotions
- build positive friendships and relationships
- share, take turns and cooperate
- develop confidence and independence
- understand rules, routines and boundaries

Through circle times, stories, role play and daily interactions, children begin to understand kindness, empathy and respect for others.

Communication and Language

Children are encouraged to:

- express thoughts, ideas and feelings confidently
- listen carefully to others
- develop respectful speaking and listening skills
- ask questions and seek help when needed

Group discussions, storytelling and collaborative play provide opportunities for children to develop their communication and emotional literacy.

Understanding the World

Children explore:

- people, families and communities
- similarities and differences between themselves and others
- celebrations, traditions and cultures
- people who help us and the wider community

At KWPS, we promote respect, tolerance and inclusion through stories, themed activities, celebrations and real-life experiences.

Expressive Arts and Design

Children use:

- role play to explore emotions, friendships and relationships
- art, music and creative activities to express feelings, identity and preferences
- imaginative play to develop social understanding and confidence

Our Reception environment provides opportunities for children to explore feelings and relationships in a safe and supportive way.

Preparing Children for Key Stage 1

These early experiences provide the foundations for future PSHE learning across school. Children develop:

- self-awareness
- resilience
- empathy
- independence
- communication skills
- an understanding of healthy relationships and personal safety

This carefully planned progression helps prepare children for the PSHE curriculum in Key Stage 1 and beyond.

