What do humans need to survive?

Science

Cedar Class Autumn 1

Vocabulary you will know…	
offspring	The child of a human or young animal.
hygiene	Keeping clean to stay healthy and stop dieses from spreading.
exercise	A physical activity.
live young	Born alive, animals that don't hatch from an egg.
diet	The food and drink that a person or animal usually eats or drinks.
reproduction	How living things make babies or new life, e.g. when a cat had kittens or plants grow from seeds.

Scientific Images



The Human Lifecycle



Scientist

Florence Nightingale was a famous nurse who helped poorly people get better. She noticed that hospitals were dirty and worked hard to make them clean and safe. She understood basic needs of people and that everyone needed clean water, fresh air and healthy food to stay healthy. She also understood how important it was to wash hands and keep clean to stop germs spreading.



What I will know at the end of the unit.

I will know that animals, including humans, have offspring that grow into adults.	
I will know the basic needs of animals, including humans, need food, water or air to survive.	
I will know life cycle of a human.	
I will know that exercise keeps people healthy.	
I will know that humans needs to eat the right types of food to stay healthy.	
I will know that keeping clean is important for staying safe and healthy.	