

We know that you may well feel bombarded with information and guidance at the moment in relation to testing and self-isolation.

Hopefully the table below may help to clarify any questions you may have but please do not hesitate to get in touch if you aren't sure whether to send your child to school.

What to do if.....	Action needed	Return to school when....
...my child has one of the main 3 Covid-19 symptoms	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us • Self-isolate the whole household for 14 days • Get a test as soon as possible • Inform the school of the test result as soon as you receive it. 	...the test comes back negative or a period of 10 days has passed since the symptoms started and your child feels well
.....my child is ill with symptoms which are not Covid related	<ul style="list-style-type: none"> • Your child can come to school if fit to do so. • Please note if your child needs calpol or other medicine then they are unlikely to be well enough to attend school. • Contact school to inform us if they are not well enough to come to school. • Continue to monitor your child for any COVID symptoms 	...your child feels well or ... 48 hours after the last bout of sickness or diarrhoea if that is the cause of the absence.
...my child tests positive for Covid-19	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us as soon as possible • Agree a possible return date (earliest is 10 days after symptoms began) • Self-isolate the whole household for 14 days from the first day of symptoms. 	...10 days have passed since the symptoms began AND your child feels well. (Please note that they can still return even if your child still has a cough or loss of smell/taste as these can last for weeks)
...my child has a negative test result	<ul style="list-style-type: none"> • Contact school to inform us • Arrange for your child return to school as soon as they are well 	...the test comes back negative when your child is well enough to return
...someone in my household has Covid-19 symptoms	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us • Arrange a test for the person with symptoms as soon as possible • Self-isolate the whole household for 14 days or until a negative test result for the person with symptoms • Inform school immediately when you receive the test result 	...the test comes back negative for the person displaying symptoms
...someone in my household tests positive for Covid-19	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us • Self-isolate the whole household for 14 days from the start of symptoms • Agree the earliest date for possible return (minimum 14 days) 	...your child has completed 14 days of isolation

...NHS test&trace identified my child as a close contact of somebody with symptoms or confirmed case of Covid-19	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us • Agree the earliest date for possible return (minimum 14 days) 	...your child has completed 14 days of isolation
...NHS test&trace identified a member of my household (not my child) as being a close contact of a confirmed case of Covid-19	<ul style="list-style-type: none"> • The household member must self-isolate for 14 days • Your child can continue to attend school 	...your child can continue to attend schoolas long as the household member doesn't start to show symptoms
...my child's bubble has been sent home	<ul style="list-style-type: none"> • Your child must not come to school • Work will be provided by school • Your child will need to self-isolate for 14 days • Other siblings may continue to attend school 	..your school will inform you when the bubble will be able to return
...a sibling has been sent home to self-isolate due to there being a positive case in their bubble	<ul style="list-style-type: none"> • Sibling must self-isolate for 14 days • Your remaining child(ren) from other classes may continue to attend school 	...your other children can continue to attend school .. providing their sibling doesn't develop symptoms
...I cannot get a test for someone in the household who has symptoms	<ul style="list-style-type: none"> • If you are not able to get a test within the first 5 days of showing symptoms. • Your child and anyone they live with must stay at home and self-isolate for 14 days. 	...your child has completed 14 days of isolation
...my child or someone in my household has recently returned from abroad	<ul style="list-style-type: none"> • Contact school for advice and to agree a return to school date 	...school will inform you when your child can return

COVID Symptoms

The main symptoms of coronavirus are:

a high temperature – this means you feel hot to touch on your chest or back or have a temperature of 37.8 or more

a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

The above wording is taken straight from the NHS website.

Useful links

To order a test:

<https://www.gov.uk/get-coronavirus-test>

This may be busy but from past experience more tests are added throughout the day so it is worth checking regularly.

Please get in touch with school if it is a test for your child and you are not able to access one after 8 hours of trying.

Self-Isolating

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If your child is self-isolating and not poorly we will provide work for your child.