

		Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10		Unit R186: Sport and the Media		Unit R184: Contemporary issues in sport		Unit R184: Contemporary issues in sport	
		<p>The different sources of media that cover sport In this term, students will learn to distinguish between different media sources and how they cover sport.</p> <p>Positive effects of the media in sport Students will learn about the positive relationship between the media and sport and the positive impacts of the media and sport</p> <p>Negative effects of the media in sport Students will learn about a range of effects in relation to spectators and live sport and the negative impacts of the media on sports and performers</p>		<p>Issues which affect participation in sport Students will learn about the different user groups in sport. They will investigate the barriers to participation and the solutions. They will learn about the factors which can impact on the popularity of sport and emerging sports.</p>		<p>The role of sport in promoting values Students will learn about the values which can be promoted through sport, including examination of the Olympic and Paralympic values. They will learn about the importance of etiquette and sporting behaviour and PEDs in sport.</p>	
		Unit R185: Performance and leadership in sports activities		Unit R185: Performance and leadership in sports activities		Unit R185: Performance and leadership in sports activities	
		<p>Key components of performance Students will learn the skills and techniques of 2 activities and will participate in them, showing appropriate use of tactics, strategies and decision making. They will learn to manage and maintain their performance in their individual activity and understand their role in a team activity.</p>		<p>Applying practice methods to support improvement in a sporting activity Students will assess their strengths and weaknesses in an activity and investigate methods to improve performance and measure this improvement.</p>		<p>Organising and planning a sports activity session Students will learn how to plan a session, conduct risk assessments and meet the objectives of the group.</p>	
Assessments	Unit R186: Tasks 1, 2 and 3		Unit R184: Topic test		Unit R184: Topic test Unit R185: Session Plan		

		Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11		Unit R184: Contemporary issues in sport		Unit R184: Contemporary issues in sport			
		<p>The implications of hosting a major sporting event for a city or country Students will learn about the features of a major sporting event and the positive and negative aspects of hosting a major sporting event, before, during and after the event.</p>		<p>The role NGBs play in the development of their sport Students will learn what NGBs do for their sport.</p> <p>The use of technology in sport Students will learn the role of technology in relation to performance, safety, accuracy and spectatorship.</p>			
		Unit R185: Performance and leadership in sports activities		Unit R185: Performance and leadership in sports activities			
		<p>Leading a sports activity session Students will organize a sports activity session and lead it.</p>		<p>Reviewing your own performance in planning and leading a sports activity session Students will review their leadership, considering positives and negatives of their planning and leadership. They will consider improvements that could be made.</p>			
Assessments	Unit R184: Topic test Unit R185: Lead the session		Unit R184: External exam Unit R185: Session review				