	Caree	lum Area: PSHCE rs	Knutsford Academy Curriculum Map				
	poo	Half Term 1 Well-Being & Mental Health	Half Term 2 Relationships	Half Term 3 Citizenship	Half Term 4 Online Safety	Half Term 5 Study Skills & Risk	Half Term 6 Well-Being
Year 7	Intent Health and Well-Being, Becoming a Go Citizen	Wk 1: PSHCE Intro Lesson Wk 2: Study Skills – flash cards Wk 3: Introduction to Mental Health Wk 4: Maintaining a Healthy Lifestyle Wk 5: Dental Health Wk 6: Personal Hygiene Wk 7: Puberty & Menstruation	Wk 1: Relationships Introduction Wk 2: Friendships Wk 3: Families Wk 4: Marriage Wk 5: Unhealthy Relationships Wk 6: Coping with Rejection Wk 7: Making Friends & Understanding Loneliness	Wk 1: Rights, Responsibilities & Taking Action Wk 2: Respect & Tolerance Wk 3: Liberty & The Law Wk 4: Democracy Wk 5: The Free Press Wk 6: British Values Debate Lesson	Wk 1: Online Safety Introduction Wk 2: Social Media Use Wk 3: Selfies Wk 4: Grooming Wk 5: Cyberbullying Wk 6: Screen Time & Gaming Addiction	Wk 1: Study Skills – booklet lesson Wk 2: Alcohol Wk 3: Homophobia Wk 4: Vaping Wk 5: Foodbank Use	Wk 1: Skills & Attributes Wk 2: Setting Goals & Targets Wk 3: My Career Journey Wk 4: AIM Morning Session – AIM for Employability Wk 5: - Careers & Stereotypes Wk 6: Sports Day Wk 7: Final Lesson – Documentary/Quiz

$\square$		Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	ا ي <del>ز</del>	Awareness	Managing Emotions	Citizenship	Diversity	Risk	Careers
Year 8	Intent: Managing Emotions, Risk, The Rule of Law, Divers & Tolerance	Wk 1: Alcohol Wk 2: Study Skills – mind maps Wk 3: Smoking - update Wk 4: Vaping Wk 5: Illegal Drugs Wk 6: Psychoactive Substances Wk 7: Young Carers	Wk 1 & 2: Maintaining Good Mental Health Wk 3: Self-Esteem Wk 4: Intimacy/Consent Intro Wk 5: Managing Conflict: Friendship Wk 6: Managing Conflict: Family Wk 7: Bereavement	Wk 1: What is The CJS? Wk 2: Age of Criminal Responsibility Wk 3: Understanding Youth Crime Wk 4: Session with PC Cornall in the hall Wk 5: Consequences of Youth Crime 6: Preventing Involvement in Organised Crime	Wk 1: Introduction – Prejudice & Discrimination (The Equality Act) Wk 2: Disability & Mental Illness Diversity Wk 3: Sex & Sexuality Diversity Wk 4: Wealth/Income Diversity Wk 5: Racial Diversity Wk 5: Racial Diversity Wk 6: Religious Diversity	Wk 1: Study Skills – booklet lesson Wk 2: Online Safety – Sharing Sexual Images Wk 3: Exploitation: Sexual 1 (Exploited) Wk 4: Exploitation: Sexual 2 (Exploited) Wk 5: County Lines	Wk 1: Goals, Targets & Determination Wk 2: Key Skills Wk 3: Proactivity & Aiming High - classroom Wk 4: AIM Morning Session – AIM for Future Pathways Wk 5: Apprenticeships Wk 5: Apprenticeships Wk 6: Sports Day Wk 7: Final Lesson - Documentary/Quiz

		Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Year 9 Intent Sex Education, Awareness/Risk, Citizenship (Citizen Rights)	Risk & Online Safety Wk 1: Alcohol Wk 2: Study Skills – dual coding Wk 3: Illegal Drugs Wk 4: Online Safety - Online Fraud Wk 5: Online Safety – Personal Data Wk 6: Online Safety – Fake News Wk 7: Online Safety - Social Media & Self-Esteem	<b>PREVENT</b> Wk 1: Extremist Groups Wk 2: The Far Right Wk 3: Misogyny Wk 4: "Incels" Wk 4: Preventing Radicalisation Wk 5: Extremism Wk 6: FGM Wk 7: Forced Marriage	Careers & The Edge Wk 1: Employability Wk 2: AIM Session – AIM for Options Wk 3: Workplace Behaviours Wk 4: Showcasing Personal Strengths Wk 5: Managing Online Reputations Wk 6: Communicating Digitally in the Workplace	Sex Education Wk 1: Sex & Consent 1 Wk 2: Positive Sexual Experiences Wk 3: Safe Sexual Experiences 1 Wk 4: Safe Sexual Experiences 2 Wk 5: Unplanned pregnancy choices (incl. abortion) Wk 6: Sex & Readiness	Risk & Awareness Wk 1: Study Skills – booklet lesson Wk 2: Session with PC Cornall in the hall Wk 3: Racism & Microaggressions Wk 4: Gangs: Managing Risks & Staying Safe Wk 5: Vaping	Well-Being Wk 1: Sleep & Relaxation Wk 2: Dealing with Anxiousness Wk 3: Lifestyle & Well- Being Wk 4: Dealing with Stress Wk 5: Managing Worries Wk 6: Sports Day Wk 7: Final Lesson - Documentary/Quiz
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Year 10 Intent Political Education, PREVENT, Careers & WEX, Emotional Well-Being	Citizenship & Online Safety Wk 1: Parliamentary Democracy Intro Wk 2: Study Skills – Cornell note taking Wk 3: The Commons & The Cabinet Wk 4: The House of Lords Wk 5: Pornography Wk 6: Non- consensual/Revenge Porn Wk 7: Non- consensual/Revenge Porn Documentary	Awareness/Risk Wk 1: Nude Image Sharing Wk 2: Health & Fertility Wk 3: Alcohol & Pregnancy Wk 4: Parenting & Family Life Wk 5: Menstrual Issues Wk 6: Stalking Wk 7: Knife Crime	Risk (cont.) & Tolerance Wk 1: Organised Crime Wk 2: The Equality Act Wk 3: Hate Crime Wk 4: The Equality Act, Hate Crime & Intolerance Wk 5: Valuing Diversity – Race & Immigration Wk 6: Study Skills (1)	Economic Education Wk 1: Budgeting Wk 2: Savings & Pensions Wk 3: Trial Exams Wk 4: Trial Exams Wk 4: Trial Exams Wk 5: Income Tax & NI Wk 6: Banking	Economic Education (cont.) & Relationships Wk 1: Credit & Debt Wk 2: Gambling Wk 3: Coercive Control Wk 4: Coercive Control - Documentary Wk 5: Toxic Relationships	Relationships (cont.) & Careers Wk 1: Abusive Relationships Wk 2: Sexual Abuse & Harassment Wk 3: Contraception Wk 4: First Impressions Wk 5: AIM Morning session – AIM for WEX Wk 6: WEX – not in school Wk 7: Final Lesson – WEX Update & Documentary/Quiz

		Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
	ining cess	Careers	Mental Health & Well- Being	Citizenship	The Wider World	N/A	N/A
Year 11	Intent Risky behaviours in the wider world, maintaining good mental health and understanding where to access support and political knowledge.	Wk 1: Careers Research Wk 2: Study Skills – Past Papers Wk 3: Equal Opportunities Wk 4: CV Update & Cover Letters (comp. room lesson) or Interview Practice Wk 5: AIM Morning – AIM for 6th Form Wk 6: CV Update & Cover Letters (comp. room lesson) or Interview Practice Wk 7: Trial 1 Exams	Wk 1: Trial 1 Exams Wk 2: Road/Driving Safety Wk 3: Illegal Drugs & Spiking Wk 4: Drugs, Festivals & Parties Wk 5: Dangers of Festival Drugs Wk 6: Legal Drug Misuse WK 7: Suicide Awareness	Wk 1: Right vs Left Wing Ideology Wk 2: Why Should I Vote? Wk 3: Who Should I Vote For? Wk 4: The Minor Political Parties Wk 5: Having Your Say Wk 6: Trial 2 Exams	Wk 1: Trial 2 Exams Wk 2: Active Citizenship – getting involved Wk 3: Tattoos & Body Piercings – The Risks Wk 4: Cancer Detection (Breast & Testicular) Wk 5: Study Skills – Strategies & Getting Organised (2) Wk 6: Study Skills Refresher (3)		
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		Term	1	Terr	n 2	Те	erm 3

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and to nd	Health & Well-Being	The Wider World	Relationships
Year 12 Intent Maintaining good mental health and when access support, staying safe in the wider world s maintaining positive and healthy relationships a	L1: Returning to School L2: Emotional Well-Being L3: Suicide & Mental Health L4: Suicide Awareness Documentary L5: Sexual Harassment (incl. peer on peer) L6: Sexual Harassment Documentary L7: Time Management & Revision Skills	L1: Managing Exam Stress & Revision Skills L2: Drugs & Spiking – making informed choices L3: Trial 1 Exams L4: Road Safety Session with PC Daniels – common room L5: Recognising Unhealthy Relationships L6: Sustainability & Fast Fashion	L1: Consent L2: What is good and safe sex? L3: Sharing Sexual Images & the Law L4: Breast & Testicular Cancer Awareness L5: External speaker – MHS to organise L6: Progression Masterclass Follow-Up session – CV/Personal Statement/UCAS application updating

		Term 1	Term 2	Term 3
	ຮູ້	The Wider World	The Wider World	N/A
Year 13	Intent Intent: Study skills in the run up to exams, improving understanding of black British history, staying safe in the wider world and political awareness.	L1: Time Management L2: Persevering and Avoiding Procrastination L3: Black British History L4: Black British History Follow-Up L5: Trial 1 Exams L6: Money in the wider world – borrowing L7: Money in the wider world – money and the world of work	L1: Democracy – The Importance of Voting L2: Industrial Action – Why Do People Strike & Is it Effective? L3: Trial 2 Exams L4: Tolerance & Extremism L5: Careers – Exploring Job Sectors L6: Careers – The Wider World of Work	