

| WEEK 1 | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|--|--|---|---|---|
| Main Meal | Macaroni Cheese served with Garlic Bread (GLUTEN, MUSTARD, MILK, SOYA) | Cottage Pie served with Gravy (SO2) | Roast Pork, Yorkshire Pudding served with Roast Potatoes and Gravy (GLUTEN, MUSTARD, SOYA MILK, EGG, SO2) | BBQ Chicken served with Rice (GLUTEN, FISH, MUSTARD) | Traditional Fish Cake Or Salmon Fish Cake served with Chips. (FISH, GLUTEN) |
| Vegetarian Main Course | | Quorn Cottage Pie served with Gravy (GLUTEN, SO2, EGG) | Quorn Sausage served with Yorkshire Pudding, roast Potatoes and Gravy (GLUTEN, MILK, EGGS, SO2) | BBQ Roast Vegetable Wrap served with Rice (GLUTEN, FISH, MUSTARD) | Cheesy Sweetcorn Fritters served with Chips. (EGGS, SOYA, GLUTEN, MILK) |
| Vegetables | Peas & Sweetcorn | Cabbage & Diced Carrots | Broccoli & Diced Carrots | Swede & Green Beans | Peas & Baked Beans |
| Dessert | Chocolate Flapjack Or Fruit Pot (GLUTEN) | Apple, Toffee, Biscuit & Cream Layer Or Fruit Pot (GLUTEN, MILK) | Ice Cream Or Fruit Boat (MILK) | Jam Sponge & Custard Or Fruit Pot (GLUTEN, EGG, MILK) | Jelly Or Fruit boat (MILK, GLUTEN) |
| Selector 1 | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) |

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)**
Cheese & Crackers, **(Gluten, Milk)**
Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily





| WEEK 2 | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|--|--|--|--|--|
| Main Meal | Pizza Wrap served with Wedges (GLUTEN, MILK) | Baked Pork Sausages in a Rich Onion Gravy served with Creamed Mashed Potato (GLUTEN, SO2) | Roast Chicken and stuffing served with Roast Potatoes and Gravy (GLUTEN, SO2) | Pepperoni and Ham Pizza Served with Seasoned Diced Potatoes (CELERY, GLUTEN, EGGS, MILK, SOYA) | Fish Fingers and Chips (FISH, GLUTEN) |
| Vegetarian Main Course | | Meatless Meatballs in a Rich Onion Gravy served with Creamed Mashed Potato (SO2, GLUTEN, SOYA) | Quorn Sausages and Stuffing served with Roast Potatoes and Gravy (SO2, GLUTEN) | Cheese and Tomato Pizza served with Seasoned Diced Potatoes (CELERY, EGG, GLUTEN, MILK) | Quorn Dippers and Chips (GLUTEN) |
| Vegetables | Sweetcorn & Broccoli | Kale & Diced Carrots | Cabbage & Broccoli | Kale & Sweetcorn | Baked Beans & Sweetcorn |
| Dessert | Hot Chocolate Fudge Cake and Custard Or Fruit Pot (GLUTEN, EGGS, MILK) | Beetroot Brownie Or Fruit Boat (GLUTEN, MILK, SOYA) | Jam Roly Poly and Custard Or Fruit Pot (GLUTEN, MILK) | Strawberry Jelly with Mandarins Or Fruit Boat | Cinnamon Whirl Or Fruit Pot (GLUTEN) |
| Selector 1 | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) |

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans
available daily

Selection of freshly made sandwiches on a choice of breads
available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)**
Cheese & Crackers, **(Gluten, Milk)**
Salad Selection, Fresh Fruit and
Yoghurts **(Gluten, Milk)** available daily





| WEEK 3 | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|--|---|---|---|--|
| Main Meal | Crispy Crumb Vegetable Burger in a Bun served with Coleslaw (GLUTEN, SESAME, EGG) | Chicken Curry served with Rice (CELERY, GLUTEN, EGG, MILK, MUSTARD, SOYA) | Roast Turkey with Mashed Potatoes and Gravy (SO2) | Spaghetti Bolognaise (GLUTEN, MUSTARD, SOYA) | Gluten Free Fish Fillet with Chips (FISH) |
| Vegetarian Main Course | | Vegetable Curry served with Rice (CELERY, GLUTEN, EGG, MILK, MUSTARD, SOYA) | Vegetarian Sausage with Mashed Potato and Gravy (GLUTEN, MILK, SO2) | Quorn Mince Spaghetti Bolognaise (GLUTEN, EGG, MUSTARD, SOYA) | Cheese Whirl with Chips (GLUTEN, EGG, MILK, SO2) |
| Vegetables | Sweetcorn & Peas | Baked Beans & Diced Carrots | Broccoli & Cauliflower | Diced Carrots & Sweetcorn | Baked Bean & Peas |
| Dessert | Pineapple Upside Down Cake & Custard (GLUTEN, EGG, MILK, SO2, SOYA) Or Fruit Pot | Strawberry Jelly Or Fruit Boat | Ice Cream (MILK) Or Fruit Pot | Cornflake Buns (GLUTEN) Or Fruit Boat | Cherry Flapjack (GLUTEN, SO2) Or Fruit Pot |
| Selector 1 | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) | Pasta pots (GLUTEN) |

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)**
Cheese & Crackers, **(Gluten, Milk)**
Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily

