

Year 2 Games Unit 2

National Curriculum objectives

Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending.

Key Learning

- Perform kicking skills with control and accuracy
- Perform underarm and overarm throwing with control
- Control a moving ball in a variety of ways
- Demonstrate a range of striking and gathering skills, including in a small game
- Demonstrate confidence in ball handling skills

Equipment

- Footballs/ Tennis balls/soft balls
- Cones/Hoops
- Class set of tennis rackets/Cricket bats
- Benches
- Beanbags
- Buckets
- Skipping rope (net)
- Batting T's
- Stumps

Key Vocabulary

- Aiming:** Preparing to throw or hit the ball towards a given target or in a specific direction.
- Backhand:** A stroke played with the back of the hand facing in the direction of the stroke, with the arm across the body.
- Balance:** To stay still and steady in a position or shape. To keep steady on your feet while moving and performing skills.
- Body behind the ball:** Placing yourself behind the ball, so it is in front of you.
- Control:** To perform movements and skills without losing your balance, change the speed and direction you move.
- Court:** The playing area outlined by lines and sections.
- Fielding:** Players positioned to catch or pick up the ball in play.
- Forehand:** When the player strikes the ball forward using the front of the racket.
- Gathering:** Assembling together in a group.
- Grip:** The position and strength of the hand/s holding the bat or racket.
- Inside of foot:** Kicking a ball with the inside part of the foot.
- Kicking:** Using the foot to hit a ball.
- Long barrier:** A fielding skill used to stop the ball in the field. It is usually used if the ground is bumpy or the ball is travelling at speed.
- Overarm:** A throw or bowl with the hand or arm passing above the level of the shoulder.
- Racket:** The piece of equipment used to strike the ball
- Receiving:** When the ball is passed, rolled or thrown to you and you are able to stop it.
- Sending:** To roll, throw or move the ball to another player.
- Side-on:** Positioning the body at a sideways stance, so the body is facing a quarter turn away.
- Sole of foot:** Kicking a ball with the underside of the foot.
- Striking:** How a batsman hits the ball
- Target:** A mark that is aimed at when hitting, shooting or passing accurately.
- Teamwork:** Working together and supporting other members of your team in a game.
- Throwing:** Pass the ball to another player either underarm or overarm.
- Underarm:** A throw or stroke with a racket with the arm or hand below shoulder level.

Key Questions

What type of throw could you use for the furthest targets?

What is the difference between an underarm and overarm throw?

What is the best way to stop the ball with your foot?

When using a tennis racket, what did you have to do to ensure you were hitting the ball?

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down