

## Year 4 Dance Unit 4.1

### National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

### Key Learning

#### Performance and appreciation

- Developing dance when creating one piece, performing in unison and sync with other group members in front of the class. Self- assess and assess peers' work, and give feedback using appropriate dance vocabulary

#### Choreography

- Developing synchronisation when working in a group including to different rhythms. Respond to teacher instruction to create a choreographed dance routine

#### Movement

- Developing choreographic skill incorporating more free – creative thinking
- Developing good co-ordination within a sequence of movements
- Movements articulate the style of dance well
- Use music to influence movement with increasing skill

### Key Vocabulary

**Archway:** A dance position in which your upper body or whole body is extended to create the form of an arch.

**Bollywood:** A blend of all Indian dance styles used in Bollywood movies.

**Canon:** A movement canon occurs when dancers perform the same phrase one after the other.

**Dynamics:** The way in which movements performed, there are 5 key elements body, action, space, time and energy.

**Footwork:** Refers to dance technique related to feet, such as foot position and foot action.

**Gestures:** Is a movement of any part of the body that is not weight bearing.

**Narrative:** A choreographic structure that follows a specific story line.

**Phrase:** Is a short choreographic element that has an intention and feeling of a beginning and an end.

### Equipment

- 15x Gymnastic mats laid out around the learning space (for cool down)
- Bollywood dance music
- Video camera

### Key Questions

What movement ideas did the performers use?

Give an example of a "Wow and now"

What hand and arm positions would they use in their dance phrase?

Can you explain why you enjoyed a certain position or movement?

### Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down