

## Year 5 Dance 5.1

### National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

### Key Learning

#### Performance and appreciation

- Learn, rehearse and perform choreographed dance phrases of increasing complexity
- Self-assess and assess others' work and give critical feedback using appropriate vocabulary

#### Choreography

- Create versatile movements within a dance sequence including a range of directions
- Choreograph a sequence of movements that use contact between two or more people

#### Movement

- Use a range of dance techniques to develop their movements
- Develop movements to incorporate at least one lift in a sequence of movements
- Identify floor plans and use within their movements, including starting and finishing area

### Key Vocabulary

**Canon:** A movement canon occurs when dancers perform the same phrase one after the other.

**Gesture:** Is a movement of any part of the body that is not weight bearing.


**Haka:** A group ceremonial or challenge **dance** in Māori culture.

**Phrase:** Is a short choreographic element that has an intention and feeling of a beginning and an end.


**Repetition:** A choreographic device in which movements or motifs are repeated

**Unison:** When two or more dancers perform the same steps at the same time.

### Key Questions



What did you enjoy most about the Haka?



Did the performance look like a Haka?

### Equipment

- 15x Gymnastic mats.
- Images and videos of Haka being performed

### Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down