



Barnardo's Positive I dentities Service LGBTQ Allies Newsletter

# November 2019

## Hello Allies!

Welcome to this edition of the LGBTQ Allies newsletter. As part of being an LGBTQ Ally you will receive a regular newsletter detailing our progress, sharing best practice, resources and dates for your diary.

You are welcome to share this newsletter on your website as an easy way for parents and community members to see that you are involved with the project.

### **Progress Updates**

Anti-HBT Programme – We've got a full team again for this round of our work in schools, with two new members of staff joining us over the summer.



So if you are a school in Yorkshire or Humber that has signed up to our Anti-Homophobic, Biphobic and Transphobic Bullying programme you can expect to meet either Olivia, Gabby, Roy or Edie at some point before March, if you haven't already had the pleasure!

We've now had two Gender Space meet ups which form part of a six-month programme of sessions for trans children and young people and/or their parents and carers. These sessions are a great way for parents, carers and young people to meet peers and get support or information relevant to them from our workers. Open to families in the North of England, anyone interested in joining the next round of workshops from April -September 2020 can start signing up now. Contact gender.space@barnardos.org.uk

Identity Youth Group hosted a Halloween party and talent show with Kirklees LGB&T youth group yOUTh. Around 40 young people in various costumes got to meet new people and take part in activities. It was very noisy and very fun!

As well as this party we have worked with yOUTh and <u>the</u> <u>Brunswick centre</u> to contribute towards their new website for LGBT young people: <u>https://www.lgbtyouth.co.uk</u> It's still very new but it's definitely worth checking out if your school or service is in Calderdale or Kirklees.

# Young People's Experiences in GP practices

We worked with Calderdale Clinical Commissioning Group and Voluntary Action Calderdale to run an engagement collecting information about young people's experiences in Calderdale GP practices. The consultation had a special focus on support for LGBTQ young people and how to make this better.



In the end 28% of young people (aged 12-25) who responded identified as LGBTQ so we have a good idea of what GPs are already doing well, with recommendations for what GPs could improve on. 67% of young people felt their GP understood their needs; but at the same time half of all young people were unsure that GP staff were welcoming to LGBTQ patients.

We also produced a video with some young people scripting and providing the voice-over for a few Lego characters demonstrating do



demonstrating good and bad

ways to speak to non-binary young people in a GP surgery.

We'll let you know if we can share this video wider at any point!

#### Resources

One resource that you'll see if you have had any training from us is the Genderbread person. It's an excellent diagram illustrating ways that

you can separate out aspects of gender identity and sexual identity.

Attraction spression Sex

It's made by

Sam Killerman of the website It's Pronounced Metrosexual and is free to use. Have a look at some of the other free printables at this page here to give you some ideas for a display board:

https://www.itspronouncedmetro sexual.com/section/printables/

# **Upcoming Events**



Mon 11th - Fri 15th November 2019 is **Anti-bullying week** This year the theme is Change Starts With Us.



If you're not from a school and anti-bullying week is less relevant to you then you could always do something to mark **Trans Awareness week** (Tuesday 12<sup>th</sup> November – Tuesday 19<sup>th</sup> November) which leads directly up to **Transgender day of remembrance** on Wednesday 20<sup>th</sup> November.

We'll be attending the event held at **Leeds General Infirmary** from 6pm with the vigil in Park Square at 8pm.

### Contact Us

Whether you want to make a referral, book a training session or leave us some feedback, you can reach us using the contact details below.

### 0113 393 3259

positive.identities@barnardos. org.uk

# Until next time!

The Positive Identities Team



