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| --- | --- | --- | --- | --- | --- | --- |
| **Year Group:** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Foundation Stage** |  |  |  |  |  |  |
| **Year 1** | Nutrition (games 1) | Dance 1 | Gymnastics 1 | Gymnastics 2 | Yoga (games 2) | Games 3 |
| **Year 2** | Gymnastics 1 | Dance 1 | Gymnastics 2 | Hockey (games) | Tag Rugby (games) | Football (games) |
| **Year 3** | Gymnastics 1 | Dance 1 | Gymnastics 2 | Hockey (games) | Tag Rugby (games) | Football (games) |
| **Year 4** | Swimming | Dance 1 | Gymnastics 1 | Basketball (games) | Gymnastics 2 | Handball (games) |
| **Year 5** | Hockey (games) | Dance 1 | Gymnastics 1 | Tag Rugby (games) | Gymnastics 2 | Football (games) |
| **Year 6** | Basketball (games) | Gymnastics 1 | Dance 1 | Gymnastics 2 | Handball (games) | Outdoor Adventures |

**Physical Education Progression Document**

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| Key: |
| Year 1 Games |
| Dance 1 |
| Gymnastics 1 |
| Gymnastics 2 |
| Hockey |
| Tag Rugby |
| Handball |
| Swimming |
| Outdoor Adventures |
| Basketball |
| Football |