



SEND

Parent carer newsletter



Read this online: [NELC SEND Local Offer](#) | [SEND Newsletter- Wednesday 3 October 2023 - NELC SEND Local Offer \(nelincs.gov.uk\)](#)

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First SEND Employment Forum

On Friday 29 September the first SEND Employment Forum was hosted by Annemarie Cook the post 16 EHCP Coordinator at North East Lincolnshire Council.

At the event we heard about the current support internships offer in North East Lincolnshire. Project Search is a supported internship programme offered in partnership with Linkage College and North East Lincolnshire Council at Diana Princess of Wales Hospital. There are other supported internships offered by Linkage College and Grimsby Institute.

Guests also discussed how to get more employers on board to offer supported internships to further broaden our offer and cater to students interests in areas like media and IT.

If you are a local employer and would like to learn more about this opportunity please contact AskAnnie@nelincs.gov.uk.

The forum will officially launch at the end of November.



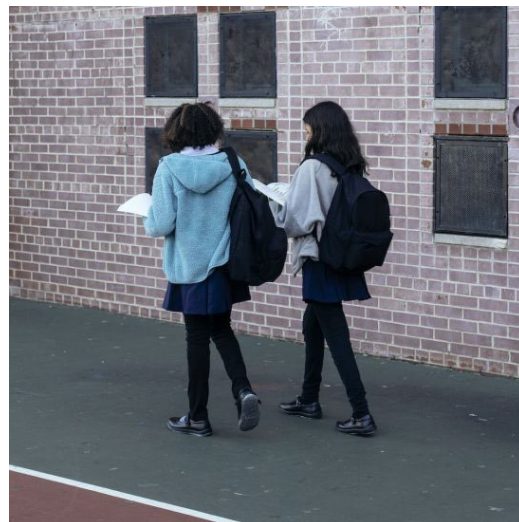
Walk to School Month

International Walk to School Month is an annual global initiative that encourages students, parents, and communities to walk or bike to school during the month of October.

We asked our Young People's Advisory Group (YPAG), a group of students who work with us on local SEND projects, how they get to school and were delighted to hear how many of them walk to school.

Plan your route, buddy up with a friend, and take part in walk to school month.

Find out more about travel and SEND on the Local Offer.



[NELC SEND Local Offer | Getting around - NELC SEND Local Offer \(nelincs.gov.uk\)](#)

Autistic young people asked to share their views on Annual Health Checks

The Council for Disabled Children (CDC) are working with NHS England to find out if autistic young people would benefit from receiving annual health checks.

CDC is seeking to hold focus groups with autistic young people, aged between 14 to 17, to understand their views on whether annual health checks would be beneficial, and how they feel about these.

Young people will be given a £10 voucher for their participation in a one hour session.

Learn more about the engagement project: [NELC SEND Local Offer | We need you! Autistic young people asked to share their views - NELC SEND Local Offer \(nelincs.gov.uk\)](#)



Learn more about Annual Health Checks: [NELC SEND Local Offer | Annual Health Check – NELC SEND Local Offer \(nelincs.gov.uk\)](#)

Become a parent peer support worker

Do you want a role where you can use your parenting skills to help others?

Consider this free training to become a Parent Carer Peer Support (PCPS) worker.

Charlie Waller Trust provides mental health training, resources and consultancy focusing on children and young people.

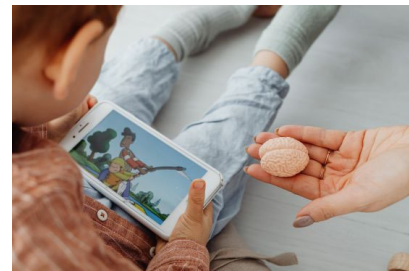
Learn more: [NELC SEND Local Offer | Use your parenting skills to help others. Become a Parent Carer Peer Support \(PCPS\) worker - NELC SEND Local Offer \(nelincs.gov.uk\)](#)



Witherslack

Witherslack has webinars and other resources for parents of children with Autism and ADHD. Find information on topics like EHCP, autism and friendships, and preparing your child for school.

[Parent resources Witherslack](#)



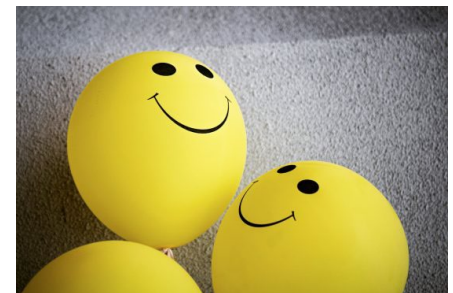
Inclusive Cricket

Inclusive Cricket Sessions for young people aged 12–25. Starting Wednesday 4 October from 5-6pm at Grimsby Leisure Centre.

Kooth

Does your child know about Kooth? On this platform your child will find things like:

- **Articles**– Helpful articles, personal experiences and tips from young people and our Kooth team.
- **Discussion Boards**– Start or join a conversation with our friendly Kooth community. Lots of topics to choose from!
- **Chat with the team**– Chat to our helpful team about anything that’s on your mind. Message us or have a live chat.
- **Daily Journal**– Write in your own daily journal to track your feelings or emotions and reflect on how you’re doing.



For free, safe, anonymous, and trusted online support for young people visit [Home – Kooth](#).

EHCP Annual Reviews

Remember to give us your feedback about your EHCP Annual Review. This is an important event in your journey as a child, young person, or parent of a child with SEND.

[EHCP Annual Survey Review | QuestionPro Survey](#)



Healthy Parent Carers course

A promotional poster for the 'Healthy Parent Carers' course. The top half features a photograph of a woman in a purple jacket holding a child in a blue jacket. The text 'Healthy PARENT CARERS' is written in a large, white, cursive font, with 'PARENT CARERS' in green block letters below it. Below the photo, it says 'Improving parent carers' health and wellbeing'. The middle section has a teal background with white text asking 'Are you a Parent Carer of a child with additional needs or a disability? Would you like to take positive action to improve your health and wellbeing?'. It describes the course as a 12-week, 2-hour, group-based online programme available in the Humber and North Yorkshire region. The bottom section has a white background with a green bar that says 'Courses are ongoing' and 'Book your space now.' It provides contact information: 'Email: communityofexperience@kids.org.uk or Phone: 01482 467540' and the website 'www.healthyparentcarers.org'. Logos for 'Offered as part of the', 'Kids', 'Humber and North Yorkshire Keyworker', and 'University of Exeter' are at the bottom.

If you're the parent/carer of a child with additional needs or a disability and would like to take positive action to improve your health and wellbeing, the Community of Experience may have a free course for you.

Healthy Parent Carers is a 12 week online programme. It is created by parent carers, delivered by parent carers and is for parent carers.

Courses are ongoing. If you'd like to be considered for these courses email communityofexperience@kids.org.uk or call 01482 467540.

[NELC SEND Local Offer | Healthy parent carers course \(nelincs.gov.uk\)](#)

Preparing for adulthood- Ask Annie



Email: askannie@nelincs.gov.uk

Text: **07595 122306**

Are you a young person with Special Educational Needs?

Do you have any questions about post 16 education, training and employment or do you want to know more about preparing for adulthood?

You can always “Ask Annie” about...

- **Planning for the future**
- **Employment**
- **Transport**
- **Leaving school & starting college**
- **Daytime activities**
- **Health**
- **Training & work experience**
- **Living independently**

Find out more about preparing for adulthood and transitions. [NELC SEND Local Offer | Preparing for adulthood \(nelincs.gov.uk\)](#)

Your Parent Carer Forum- NELPCF

NELPCF is a collective group of parents passionate about driving positive change, we have come together to rebuild a Parent Carer Forum. Our aim is to be a true representation of the voices of parent carers of children with additional needs and disabilities. We strive to have a positive impact on the planning and provision of services and decision making for the families of North East Lincolnshire- now, and in the future.

Find out more about the forum and how to get involved by visiting their Facebook [North East Lincolnshire Parent Carer Forum | Grimsby | Facebook](#), or the [NELPCF website](#).



SENDIASS

SENDIASS provide support for SEND, across education, health and social care.

[Sendiass North East Lincolnshire | Facebook](#)

Contact SENDIASS:
Call- 01472 326363
Email- ask@nelsendiass.org.uk
[SENDIASS](#) website



To receive this newsletter by email please contact lauren.thompson2@nelincs.gov.uk.

If you have questions about SEND we are always here to help. Please don't hesitate to email sen@nelincs.gov.uk. We always try to make sure that children and parents/ carers voices are heard.

If parents/carers or young people over 16 do not have access to the internet or if they prefer to receive paper copies only please contact sen@nelincs.gov.uk.