

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Burger Bun served with Corn Cobette & Homemade Coleslaw <b>(GLUTEN, EGG, MILK, SESAME)</b>	Sausage served with Roast Potato & Gravy <b>(GLUTEN, SO2)</b>	Roast Pork and stuffing served with Roast Potatoes and Gravy <b>(GLUTEN, SO2)</b>	Large Yorkshire Pudding filled with Savoury Turkey Mince served with Baby New Potatoes <b>(GLUTEN, EGG, MILK)</b>	Traditional Fish Cake Or Salmon Fish Cake served with Chips. <b>(FISH, GLUTEN)</b>
Vegetarian Main Course		Vegetarian Sausage Served with Roast Potato & Gravy <b>(GLUTEN, SO2)</b>	Quorn Fillet served with Stuffing, Roast Potatoes and Gravy <b>(MILK, GLUTEN, SO2)</b>	Large Yorkshire Pudding filled with Savoury Quorn Mince served with Baby New Potatoes <b>(GLUTEN, SO2, EGG, MILK)</b>	Cheese & Tomato Whirls served with Chips. <b>(GLUTEN, MILK)</b>
Vegetables	Peas & Sweetcorn	Cabbage & Diced Carrots	Broccoli & Diced Carrots	Swede & Green Beans	Peas & Baked Beans
Dessert	Viennese Whirls Or Fruit Pot <b>(GLUTEN, SOYA)</b>	Chocolate Brownie served with Creamy Chocolate Sauce or Fruit Pot <b>(GLUTEN, EGG, MILK)</b>	Orange Cookie Or Fruit Boat <b>(MILK, EGG, GLUTEN, SOYA)</b>	Lemon Madeira Cake Or Fruit Pot <b>(GLUTEN, EGG, SOYA)</b>	Flapjack Or Fruit boat <b>(GLUTEN)</b>

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
bread (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza served with Seasoned Diced Potatoes <b>(CELERY, GLUTEN, SOYA, EGG, MILK)</b>	Homemade Sausage Roll served with Homemade Wedges <b>(GLUTEN)</b>	Roast Gammon and Stuffing served with Roast Potatoes and Gravy <b>(GLUTEN, SO2)</b>	Crispy Breaded Chicken served with Wedges and Salad <b>(GLUTEN, SOYA)</b>	Fish Fingers and Chips <b>(FISH, GLUTEN)</b>
Vegetarian Main Course		Cheese Pizza Roll served with Wedges <b>(EGG, GLUTEN, SO2)</b>	Quorn Sausage served with Roast Potatoes and Gravy <b>(SO2, GLUTEN)</b>	Crispy Quorn Fillet served with Wedges and Salad <b>(GLUTEN, SOYA)</b>	Vegetable Fingers and Chips <b>(GLUTEN)</b>
Vegetables	Sweetcorn & Beans	Garden Peas & Carrots	Broccoli & Diced Carrots	Carrot Batons & Green Beans	Sweetcorn & Baked Beans
Dessert	Sticky Ginger Cake and Custard <b>(GLUTEN, EGG)</b> Or Fruit Pot	Apple Flapjack <b>(GLUTEN)</b> Or Fruit Pot	Golden Syrup Sponge and Custard <b>(EGGS, GLUTEN, MILK)</b> Or Fruit Pot	Courgette Sponge <b>(GLUTEN, MILK, EGG)</b> Or Fruit Pot	Cherry Shortcake Biscuit <b>(GLUTEN)</b> Or Fruit Pot

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish), Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
breads (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza with Potato Wedges <b>(GLUTEN, MILK, SO2)</b>	Chilli Con Carne served with Rice <b>(GLUTEN)</b>	Roast Turkey, Yorkshire Pudding, Roast Potatoes and Gravy <b>(EGGS, MILK, GLUTEN, SO2)</b>	Chicken Burger with Garlic Mayo and Salad <b>(CELERY, EGGS, GLUTEN, SESAME)</b>	Battered Fish served with Chips <b>(FISH, GLUTEN)</b>
Vegetarian Main Course		Vegetarian Chilli served with Rice <b>(CELERY, WHEAT, SESAME)</b>	Macaroni Cheese <b>(MUSTARD, WHEAT, MILK, SOYA)</b>	Vegetarian Burger with Garlic Mayo and Salad <b>(EGGS, GLUTEN, MILK)</b>	Meat Free Dippers served with Chips <b>(GLUTEN)</b>
Vegetables	Sweetcorn & Garden Peas	Diced Carrots & Green Beans	Broccoli & Diced Carrots	Sweetcorn & Baked Beans	Baked Beans & Garden Peas
Dessert	Ginger Biscuit <b>(GLUTEN)</b> Or Fruit Salad	Apple Crumble and custard <b>(WHEAT, MILK)</b> Or Fruit Boats	Strawberry Jelly Or Fruit Kebabs	Orange Shortbread Biscuit <b>(GLUTEN, SOYA)</b> Or Fruit Salad	Rice Pudding with Strawberry Jam <b>(MILK, SOYA)</b> Or Fruit Pots

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
bread (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily

