What's on the menu

Week One Week Two

Large slice margherita pizza (v) Vegetable ravioli served with crusty bread (v) Filled jacket potato

Seasonal vegetables and salad Fresh fruit platter

Sweetcorn and pepper pizza (v) Filled jacket potato Quorn sausages with gravy (v)

Oven baked jacket wedges Baked beans and salad

Fresh fruit platter

Cheese whirl (v) served with a jacket potato Tuna pasta bake Filled jacket potato

> Baked beans and salad Fresh fruit platter

Chicken sausages with gravy (h) Vegetable sausages with gravy (v) **MSC** Golden fish fingers

Potato mash Seasonal vegetables and salad Oat cookie and orange wedge Meatballs in a rich tomato sauce served with pasta (v) Meat pie or meat pie (h) Veggie mince pie (v)

Potato mash Seasonal vegetables and salad

Ice cream tub

Vegetarian sausage roll (v) served with spaghetti hoops Egg salad with a wholemeal thin (v Seasonal vegetables and salad

Frozen yoghurt

One pot chickpea and tomato pasta (v) Roast chicken in gravy Roast chicken in gravy (h) Quorn fillet in gravy (v)

Roast potatoes Seasonal vegetables and salad Strawberry cheesecake

Mild chicken curry Mild chicken curry (h) served with rice and naan bread Tomato pasta (v)

Seasonal vegetables and salad Blueberry muffin

Large slice margherita pizza (v) Filled jacket potato

Creamy coleslaw Seasonal vegetables and salad

Shortbread

Pasta bolognaise Pasta bolognaise (h) Open cheese and potato pie (v) Filled jacket potato

Seasonal vegetables and salad

Ice cream roll

Beef tagine or beef tagine (h) served with cous cous Filled jacket potato Cheese flan (v)

Salad potatoes Seasonal vegetables and salad

Decorated jelly

Selection of sandwiches Beef burger with gravy Lamb burger with gravy (h) Quorn patty with gravy (v)

Oven baked jacket wedges Seasonal vegetables and salad

Chocolate cookie

Selection of sandwiches Baked fishless fingers (v) Vegetable samosa (v)

> Chipped potatoes or rice Baked beans and salad

> > Chocolate mousse

Open salmon mayonnaise roll MSC Harry Ramsdens battered fish

Chipped potatoes Seasonal vegetables and salad

Ginger biscuit and orange wedge //

Mac and cheese (v) Filled jacket potato **MSC** Golden fish fingers

Potato waffles Seasonal vegetables and salad Honey, oats and fruit topped yoghurt

Available daily: fresh chopped salad, fresh fruit, yoghuri and drinks. Availability of products and serving days may vary slightly between schools - contact your school for more details.

Week One

15/05/23, 12/06/23, 03/07/23, 04/09/23, 25/09/23, 16/10/23

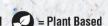
Week Two

01/05/23, 22/05/23, 19/06/23, 10/07/23, 11/09/23, 02/10/23, 23/10/23

Week Three

08/05/23, 05/06/23, 26/06/23, 17/07/23, 18/09/23, 09/10/23





School meals in Bolton

Dear Parent/Guardian

Welcome to the new menu being served at your child's school. Choosing school meals for your child will teach them important social skills as well as providing all the nutrients young people need to help with their learning and development.

We only serve meals that children love to eat and we cater for medical & cultural diets contact the school meals number for more information. Allergen information is available on request also on the website.

We know where our food comes from

We aim to include as much fresh and local produce as possible in our recipes. We offer complete traceability on all our products from farm to fork

Seafood with this mark comes from an MSC certified sustainable fishery, www.msc.org.

Many of our products are responsibly sourced too, we have accreditations to prove it. You can rely on us when it comes to quality. Supporting local businesses and reducing food miles and food waste are also top of our agenda.







Eat a Rainbow

Our salad selections/choices filled with brightly coloured veggies are an excellent way of encouraging children to work towards their 5 a day.

Children can help themselves in addition to any hot vegetables they have had from the counter.

Save over £300 per child per year with free school meals

School meals remain free for ALL children in reception, years 1 and 2 regardless of circumstances. You do not need to apply for this benefit, simply let your school know you wish to take your entitlement.

Your older children could be entitled too if you are in receipt of certain benefits or have a household income below the threshold. Check out the criteria and how to apply at www.bolton.gov.uk

Did you know eating a hot school lunch can provide up to 3 portions of fruit and veg a day!

School meals provide value for money and reduce shopping trips

School Meals offer a freshly prepared 2 course meal and a drink for less than the average cost of a meal deal.

Making a packed lunch can result in additional trips to the supermarket, meaning extra spend each week.

Let us take care of lunchtimes.

Serving your child safely each day

We have strict hygiene measures in place and our policies and procedures result in safe working practices





Brand

We are here to help

If you need any information or have any questions Visit: www.bolton.gov.uk/schoolmeals





