

RSHE and PSHE Reading Spine

<u>2021 -2022</u>

	Year 1	Year 2	Year 3	Year 4	<u>Year 5</u>	<u>Year 6</u>
Family and						
Relationships	Pink is For Boys	On Sudden Hill by	The Girl Who	Willy the Wimp By	Shine by Sarah	Michael Rosen's
	by Robb	Linda Sarah and Benji	Thought In Pictures	Anthony Browne	Asuquo	Sad Book
	Pearlman	Davies	by Julia Finley	(Bullying)	(Respecting myself)	(Loss)
	(Gender -	(Friendship	Mosca			
	stereotypes)	problems)	(Respecting	Always and Forever	The Proudest Blue	Grandad's Island by
			differences)	By Alan Durant	by Ibtihaj	Benji Davies
	Lost and found by	Badgers Parting Gift		(Loss)	Muhammad	(Loss)
	Oliver Jeffers	by Susan Varley	Julian is a Mermaid		(Stereotypes –	
	(Friendship)	(Loss)	by Jessica Love	If All the World	religion)	And Tango Makes
			(Stereotypes-	Were By Joseph		Three By Justin
	Art & Max By	Boy, Can He Dance	gender)	Coelho	The New Jumper by	Richardson
	David Wiesner	By Elieen Spinelli		(Loss)	Oliver Jeffers	(Challenging
	(Friendship	(Gender Stereotypes)	Dogs Don't Do		(Respecting myself	stereotypes)
	problems)		Ballet by Anna	Beegu By Alexis	being different)	
			Kemp	Deacon		Mum and Dad Glue
	Evelyn Del Ray is	In Every House on	(Stereotypes –	(Respect – healthy	Is it Because? By	By Kes Gray
	Moving Away By	Every Street by Jess	respect	relationship –	Tony Ross	(Change - divorce)
	Meg Medina	Hitchman	differences)	differences)	(Bullying)	
	(Friendship	(Family life- different	All A Market B	LANCIL De com D	t Paragraphs	Changes By
	problems)	families)	All Are Welcome By	I Will Dance By	Julian at the	Anthony Browne
		Oud Dabies by Martin	Alexandra Penfold	Nancy Bo Flood	wedding By Jessica	(Change – new
		Owl Babies by Martin Waddell	(Inclusion – respect differences)	(Stereotypes –	Love	sibling)
		(Family life- different	differences)	disability)	(Marriage – friendship)	
		families)			intenusinp)	
		iaiiiiies)				



Health and Wellbeing	Where Are You Blue Kangaroo? By Emma Chichester Clark. (Understanding my emotions) Quick as a Cricket by Audrey Wood (Self-awareness – understanding emotion) The Tear Thief – Carol Ann Duffy (Understanding my emotions) Can't you sleep little bear? By Martin Waddell (Ready for bed)	Where are you blue Kangaroo by Emma Chichester Clark (Understanding my emotions) I'm Not Invited? Diana Cain (Experiencing different emotions) My Strong Mind By Neils Van Hove (Growth Mindset) Nervous Nigel by Bethany Christou (Experiencing different emotions)	Tilda Tries Again by Tom Percival (Perseverance - resilience) Stuck by Oliver Jeffers (resilience) The owl who was afraid of the dark (Breaking down barriers) Jabari Jumps by Gaia Cornwall (Resilience)	Perfectly Norman by Tom Percival (My happiness – emotions) Because By Mo Willems (My happiness – emotions) The Colour Thief by Andrew Fuesk and Polly Peters (Mental Health) The Most Magnificent Thing by Ashley Spires (Celebrating Mistakes)	Incredible You By Rhy Brisenda (celebrating individuality) The Huge Bag of Worries By Virginia Ironside (Taking responsibility for my feelings)	What if By Samantha Berga (Resilience – creativity) The Hugging Tree by Jill Neinmark (Resilience) When You Are Brave By Pat Zietlow Mill (Courage)
Safety and the changing body	Chicken Clicking By Jeanne Willis (Online safety)	PENGUINPIG By Stuart Spendlow (Online safety)	Trolls Stink! By Jeanne Wllis (Online safety - cyberbullying)	Some Secrets Should Never be Kept By Jayneen Sanders (Privacy and secrets)	Nice or Nasty? Claire Llewellyn (drugs)	How Did I Begin? By Nick Manning What's happening to me? (boy and girl) by Alex Frith and Susan Meredith



Citizenship (British Values)	My Two Grandads by Floella Benjamin (Similar, yet different)	Rules of the House By Mac Barnet (Rules) Grandma's House of Rules By Henry Blackshaw (Rules)	Sofia Valdez, Future Prez By Andrea Beatly (community – leadership)	The Election By Eleanor Levenson Rosa By Nikki Giovanni (Diverse communities)	Politics for Beginners By Alex Frith (Parliament) Cops and Robbers by Janet and Allen Ahlberg (Breaking the law)	My name is not refugee By Kate Milner (refugee and migration issues) The Day Gogo Went to Vote By Elinor Batezat (Democracy – human rights)
Economic Wellbeing	Charlotte's Piggy Bank by David McGee (Money – saving) Lemonade in Winter By Emily Jenkins (Money)	The Four Money Bears By Mac Gardener (Basic functions of money)	Money go Round By Roger McGough (Money)	It's a no money day by Kate Milner (Keeping track of money - foodbanks)	The Invisible by Tom Percival (Risks with money) When Times are Tough By Yanitzia Canetti (Budgeting money)	One Hen By Katie Smith Milway (self-sufficiency) When I Grow Up By Jon Hales (careers)
<u>Identity</u>	(Money)					The Skin You Live In By Michael Tyler



Environment (Additional Unit)	Somebody Swallowed Stanley By Sarah Roberts (Plastic in seas)	Like the Oceans We Rise by Sarah Wilkins (Humans' impact on Earth)	What a Waste By Jess French (Environment - pollution)	A Plant Full of Plastic By Neal Layton (Plastic pollution) The Last Tree By Ingrid Chabbert (Deforestation)	Mother Earth is Weeping by Claire Donald (Climate Change)	Greta and the Giants By Zoe Tucker (Environmental activism)
Cultural Diversity (Additional Unit)	Last Stop on Market Street By Matt De La Pena (Urban life)	Kaya's Heart Song By Diwa Tharan Sanders (Jungle)	The Name Jar By Yangsook Choi (Korea)	Sleep Well Siba and Saba By Nansubuga Nagadya (Africa)	Black is a Rainbow Colour By Angela Joy What do You Celebrate? By Whitney Stewart (Worldwide festivals)	Four Feet Two Sandals By Karen Williams (Refugee camp – Pakistan)