

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie with a side of Cabbage	Cornbeef Hotpot with a side of beetroot	Ham, cheese & leek pie with a side of wedges & broccoli	Roast Ham pasta bake in a tomato base sauce with hidden cauliflower	Fish Fingers, wedges & mushy peas
Meat free Cottage Pie with a side of cabbage	Meat free chilli con carne & boiled white rice	Cheese & leek pie with a side of wedges & broccoli	Macaroni Cheese with a side of salad	Cheese & Tomato quiche, with a side of wedges & salad
yoghurt	fruit	yogurt	Fruit	yogurt

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Minced Beef, onion & potato pie with a side of wedges & broccoli	Jacket potato with tuna mayo & a side of salad	Beef meatballs with spaghetti in a tomato base sauce & hidden cauliflower	Pork sausages with mash, peas & gravy	Fish cake with a side of wedges & mushy peas
Meat free mince, onions & potato pie with a side of wedges & broccoli	Jacket potato with beans & a sprinkle of cheese & a side of salad	Meat free meatballs with spaghetti in a tomato base sauce with hidden cauliflower	Meat free sausages, mash, peas & onion gravy	Cheese & broccoli quiche, with a side of wedges & salad
Yogurt	Fruit	Yogurt	Fruit	Yogurt

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken tikka masala with boiled white rice	Beef chilli con carne with boiled white rice	Beef Burger with wedges & a side of salad	Slow cooked minced beef in gravy, mash potato, garden peas & Yorkshire pudding	Tuna pasta bake in a tomato sauce with hidden cauliflower
Cheddar cheese & onion pie with a side of wedges & beans	Mild Cauliflower & Potato curry with boiled white rice	Meat free burger with wedges & a side of salad	Slow cooked meat free mince in onion gravy, mash potato, garden peas & yorkshire pudding	Cauliflower pasta bake with onions in a cheese sauce
Yogurt	Fruit	Yogurt	Fruit	Yogurt