



Latton Green's Life Skills



NURSERY

1. I know my parents' names
2. I can go to the toilet independently
3. I know the importance of washing my hands correctly
4. I can brush my teeth
5. I can ask for help when I need it
6. I can put on my shoes & socks
7. I can get a tissue to blow nose
8. I can successfully separate from a carer
9. I know the importance of flushing the toilet
10. I can name one other culture

RECEPTION

1. I can put my coat on independently
2. I can get dressed and undressed
3. I know who helps you in an emergency (police, fire, ambulance)
4. I know to look carefully to cross the road safely
5. I can set the table
6. I can use cutlery correctly when eating
7. I can greet others appropriately
8. I can hold a pencil correctly
9. I can work as part of a team
10. I can clear my plate into the bin

YEAR 1

1. I can identify what makes a healthy meal
2. I can say where I live
3. I can ride a bike
4. I can set up and play a board game
5. I can use scissors correctly
6. I can use my manners correctly
7. I can turn my clothes the correct way to put them on
8. I can do up a zip
9. I can greet someone in another language
10. I can make an emergency call (999)

YEAR 2

1. I understand personal hygiene
2. I can sort recycling and take the rubbish out
3. I understand the importance of E-safety and talk about it
4. I can tie my own shoelaces
5. I can tell you when my birthday is
6. I can brush my own hair
7. I can make my bed
8. I can make a sandwich
9. I can dress appropriately for the weather
10. I can talk about other religions

YEAR 3

1. I can order my food at a restaurant
2. I can tell you my full date of birth
3. I can fasten a seatbelt independently
4. I can pack my own school bag and remember to bring it to school
5. I can swim a width
6. I can say hello, goodbye, please and thank you in another language
7. I can check the weather forecast
8. I can use a search engine
9. I can Hoover my bedroom
10. I can wrap a present

YEAR 4

1. I can tell the time (digital and analogue)
2. I can wash my own hair
3. I can greet someone formally in appropriate situations
4. I know my parent's phone number
5. I can set my own privacy settings
6. I can pump the tyres on a bike
7. I can read a bus timetable
8. I can use a map/sat nav
9. I can give directions
10. I can follow a recipe including finding and measuring the ingredients

YEAR 5

1. I can make my packed lunch
2. I can change my bed
3. I know how to repair a bike puncture
4. I can talk about my family tree
5. I can cross a road safely on my own
6. I can fill in an application form
7. I can prepare for an interview
8. I can use a compass
9. I can organise a charity event to raise money
10. I can convert currency

YEAR 6

1. I can give a presentation
2. I can make a hot drink
3. I can use basic first aid
4. I can make and sell something
5. I can get myself up using an alarm
6. I can understand the changes that happen during puberty
7. I can tie a tie
8. I have an understanding about higher education and career choices
9. I have an understanding of drug and alcohol misuse
10. I can do comparison shopping online

