





WEEK 2	MONDAY (%)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni Cheese	Lasagna with Garlic Bread	Roast Chicken with Creamy Mash Potato & Gravy	Chinese Chicken Curry with 50/50 Rice	Chicken Burger with Chips
VEGETARIAN MAIN DISH	Vegetable Chow Mein	Quorn Lasagna with Garlic Bread	Quorn Pie with Creamy Mash Potato & Gravy 5	Cheese & Bean Bake with Diced Potatoes	Vegetarian Burger with Chips
ACCOMPANIMENTS 5	Sweetcorn Salad bar	Peas Salad bar	Carrots Salad bar	Green Beans Salad bar	Broccoli Salad bar
DESSERTS	Marble Sponge	Oaty Biscuit	Jam & Coconut Sponge	Shortbread	Jelly
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection







Variety is the key to a healthy diet, try something new today!



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE