

Personal Development Curriculum Overview

PD	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	No Outsiders Text: You Choose	No Outsiders Text: Red Rockets and Rainbow Jelly	No Outsiders Text: Hello Hello	No Outsiders Text: The Family Book	No Outsiders Text: Mommy, Mama and Me	No Outsiders Text: Blue Chameleon
Year 1	My healthy self: How can we look after our emotions? No Outsiders Text: Elmer	Connecting with others: How can I help myself and others feel happy and safe? No Outsiders Text: Going to the Volcano	The online world: How do we spend time online? No Outsiders Text: Want to Play Trucks?	Citizenship: How can I help others and the environment? No Outsiders Text: Hair, It's a Family Affair	Health Protection: How can I protect myself and others in daily life? No Outsiders Text: My World Your World	Staying Safe: How can I stay safe? No Outsiders Text: Errol's Garden
Year 2	My healthy self: How can we look after our bodies? No Outsiders Text: All Are Welcome	Connecting with others: How can I build safe, kind and caring relationships with others? No Outsiders Text: Can I Join Your Club?	The online world: How can we stay safe online? No Outsiders Text: How to Be a Lion	Citizenship: How do people belong to a community and earn money? No Outsiders Text: The Great Big Book of Families	Growing up: How can we look after and respect our bodies as we grow? No Outsiders Text: Amazing	Staying Safe: How can I make safe choices in different places? No Outsiders Text: What the Jackdaw Saw

Personal Development Curriculum Overview

Year 3	My healthy self: How can I take care of my body and mind? No Outsiders Text: This Is Our House	Connecting with others: What helps us feel safe and included? No Outsiders Text: We're All Wonders	The online world: How should we communicate online? No Outsiders Text: Beegu	Citizenship: What rights and responsibilities do we have? No Outsiders Text: The Truth About Old People	Health protection: How can we prevent illness and injury and respond if they happen? No Outsiders Text: The Hueys	Citizenship: What careers do people choose and why? No Outsiders Text: Keith among the Pigeons
Year 4	My healthy self: How can I make healthy choices? No Outsiders Text: Along Came a Different	Connecting with others: How can we respect each other? No Outsiders Text: Dogs Don't Do Ballet	The online world: How can we decide what to trust online? No Outsiders Text: Red: A Crayon's Story	Citizenship: How can I spend money responsibly? No Outsiders Text: Aalfred and Aalbert	Growing up: How will my body and emotions change as I grow up? No Outsiders Text: When Sadness Comes to Call	Staying Safe: What signs help me recognise what is safe or unsafe? No Outsiders Text: Julian is a Mermaid
Year 5	My healthy self: How can I support my mind and body as I grow? No Outsiders Text: The Diddle that Dummed	Connecting with others: Why are healthy relationships important? No Outsiders Text: Rose Blanche	The online world: How am I influenced by what I see online? No Outsiders Text: Mixed	Citizenship: How can we make a difference in our communities and beyond? No Outsiders Text: How To Heal a Broken Wing	Growing up: How can I manage the changes to my body and emotions as I grow up? No Outsiders Text: The Girls	Citizenship: How can we be in control of our money? No Outsiders Text: And Tango Makes Three

Personal Development Curriculum Overview

Year 6	My healthy self: How do my choices today shape my future health? No Outsiders Text: King of the Sky	Connecting with others: What does it mean to stand up for myself and others? No Outsiders Text: The Only Way is Badger	The online world: How do I feel about the things I see online? No Outsiders Text: Leaf	Citizenship: How can we protect everyone's rights? No Outsiders Text: The Island	Staying Safe: How can I stay safe as I grow up? No Outsiders Text: Introducing Teddy	Sex Education: How do people become parents and carers? No Outsiders Text: A Day in the Life of Marlon Bundo
RRSA	September – Peace October – Harvest	November – World children's day December - Disabilities	February – Children's mental health week	March – World Book Day	April – Earth Day May – Safer Internet Day	June – World Refugee Day
Additional		Children In Need – November Anti-Bullying Week – November Christmas/Season Cards	Children's Mental Health Week – February Internet Safety Day - February Pants are Private (use when best fits)	Red Nose Day - March Mother's Day Cards Leighton's Got Talent		Father's Day Cards Pride Day – June Transition