

PE Curriculum Overview

PE		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	1 st hour	Attack, Defend, Shoot	Attack, Defend, Shoot 2	Send and Return	Hit, Catch, Run 2	Dance	Run, Jump, Throw
	2 nd hour	Gymnastics	Dance	Hit, Catch, Run	Send and Return	Sports Day Run, Jump, Throw	Tournaments
Year 2	1 st hour	Hit, Catch, Run	Gymnastics	Hit, Catch, Run	Send and Return 2	Gymnastics 2	Run, Jump, Throw
	2 nd hour	Attack, Defend, Shoot	Attack, Defend, Shoot	Send and Return 1	Dance	Sports Day Run, Jump, Throw	Tournaments
Year 3	1 st hour	Handball	Tennis	Gymnastics	Netball	Rounders	Football
	2 nd hour	Indoor Athletics	Outdoor Adventure Activities	Dance	Tag Rugby	Sports Day Outdoor Athletics	Tournaments
Year 4	1 st hour	Netball	Basketball	Gymnastics	Handball	Swimming	Cricket
	2 nd hour	Outdoor Adventure Activities	Hockey	Dance	Badminton	Sports Day Outdoor Athletics	Tournaments
Year 5	1 st hour	Gymnastics	Tennis	Outdoor Adventure Activities	Swimming	Handball	Rounders
	2 nd hour	Basketball	Tag Rugby	Dance	Netball	Sports Day Outdoor Athletics	Tournaments
Year 6	1 st hour	Gymnastics	Gymnastics	Hockey	Dance	Rounders	Cricket
	2 nd hour	Indoor Athletics	Badminton	Swimming	Basketball	Sports Day Outdoor Athletics	Tournaments/Top-up swimming