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| **PE** |  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Year 1 | **1st hour** | Attack, Defend, Shoot | Attack, Defend, Shoot 2 | Send and Return | Hit, Catch, Run 2 | Dance | Run, Jump, Throw |
| **2nd hour** | Gymnastics | Dance | Hit, Catch, Run | Send and Return | Sports Day  Run, Jump, Throw | Tournaments |
| Year 2 | **1st hour** | Hit, Catch, Run | Gymnastics | Hit, Catch, Run | Send and Return 2 | Gymnastics 2 | Run, Jump, Throw |
| **2nd hour** | Attack, Defend, Shoot | Attack, Defend, Shoot | Send and Return 1 | Dance | Sports Day  Run, Jump, Throw | Tournaments |
| Year 3 | **1st hour** | Handball | Tennis | Gymnastics | Netball | Rounders | Football |
| **2nd hour** | Indoor Athletics | Outdoor Adventure Activities | Dance | Tag Rugby | Sports Day  Outdoor Athletics | Tournaments |
| Year 4 | **1st hour** | Netball | Basketball | Gymnastics | Handball | Swimming | Cricket |
| **2nd hour** | Outdoor Adventure Activities | Hockey | Dance | Badminton | Sports Day  Outdoor Athletics | Tournaments |
| Year 5 | **1st hour** | Gymnastics | Tennis | Outdoor Adventure Activities | Swimming | Handball | Rounders |
| **2nd hour** | Basketball | Tag Rugby | Dance | Netball | Sports Day  Outdoor Athletics | Tournaments |
| Year 6 | **1st hour** | Gymnastics | Gymnastics | Hockey | Dance | Rounders | Cricket |
| **2nd hour** | Indoor Athletics | Badminton | Swimming | Basketball | Sports Day  Outdoor Athletics | Tournaments/Top-up swimming |

Swimming is taught by the PE Instructor, class teacher and swimming teacher from Nantwich Pool and follows bespoke plans written by the PE Instructor, linked to the National Curriculum.

All lessons in black are taught by class teachers and follow the PE Hub scheme of work.

Sports events are highlighted in yellow.

Every year group has a ‘tournaments’ unit in the summer term. These lessons will be planned by the teacher and children together to put the skills they have learnt throughout the year into practice and include a competitive element.