

Year 1

Unit of Work	Objectives Covered
<u>New Beginnings</u>	L1 - Grounds rules for PD lessons Class charter and rules Fire drill Road Safety Emotions and circle time Getting to know me games
<u>Family and Relationships</u>	L1 - What is family? L2 - What are friendships? L3 - Recognising other people's emotions L5 - Friendship problems L6 - Healthy friendships L7 - Gender stereotypes
<u>Citizenship</u>	L1 - Rules L4 - Similar yet different L6 - Democratic decisions
<u>Health and Wellbeing</u>	L1 - Understanding my emotions L3 - Ready for bed L5 - Handwashing and personal hygiene L6 - Sun safety L7 - Allergies L8 - People who help us keep healthy
<u>Safety and the Changing Body</u>	L1 - Adults in school L2 - Adults outside school L4 - Making an emergency phone call L5 - Appropriate contact L6 - Safety with substances
<u>Economic Wellbeing and Transition</u>	L1 - What is money L2 - Keeping money safe L4 - Saving and spending Transition into year 2