

Year 2

Unit of Work	Objectives Covered	Date Covered
<u>My healthy self: How can we look after our bodies?</u>	L1 – How does moving my body make me feel? L2 – Why is sleep important? L3 – What foods can help me stay healthy? L4 – How can I make some healthy food and drink choices? L5 – What can I do to keep my teeth clean and healthy? L6 – How can I make healthy choices every day?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>Connecting with others: How can I build safe, kind and caring relationships with others?</u>	L1 – How are we all different and the same? L2 – How are families different and the same? L3 – How can I show my feelings kindly and calmly? L4 – How can I let others know what is okay or not okay for me? L5 – Who can I talk to if something does not feel right? L6 – What should I do if someone is being unkind again and again?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>The online world: How can we stay safe online?</u>	L1 – What can we do online and how can we do it safely? L2 – Who can see information shared online? L3 – What is private information? L4 – How do I know if private information has been shared online? L5 – Is everything we see online real? L6 – What should I do if something online worries me?	L1 - L2 - L3 - L4 - L5 - L6 -

Year 2

<u>Citizenship – How do people belong to a community and earn money?</u>	L1 – Where do we belong? L2 – How can different people contribute to my community? L3 – What jobs do people do in our local community?	L1 - L2 - L3 -
<u>Growing up: How can we look after and respect our bodies as we grow?</u>	L1 – How do we grow and change? L2 – How will I change as I grow up? L3 – Do I make the rules about my own body? L4 – How can I talk about my body? L5 – How can we show respect for each others bodies? L6 – Who can I talk to if I do not feel safe?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>Staying safe: How can I make safe choices in different places?</u>	L1 – What makes my body special? L2 – How can I keep my body safe? L3 – How can I make safe choices at home? L4 – How can I stay safe in different places? L5 – What can I do if I cannot find my trusted adult? L6 – How can I stay safe around water?	L1 - L2 - L3 - L4 - L5 - L6 -