

# Year 5

Unit of Work	Objectives Covered
<b><u>New Beginnings</u></b>	L1 - Grounds rules for PD lessons Class charter and rules Fire drill Road Safety Emotions and circle time Getting to know me games
<b><u>Family and Relationships</u></b>	L2 - Friendship skills L3 - Marriage L4 - Respecting myself L5 - Family life L6 - Bullying L8 - Stereotypes: Race and religion
<b><u>Citizenship</u></b>	L1 - Breaking the law L4 – Contributing to the community L6 - Parliament
<b><u>Health and Wellbeing</u></b>	L2 - The importance of rest L3 - Embracing failure L5 - Taking responsibility for my feelings L6 - Healthy meals L7 - Sun safety
<b><u>Safety and the Changing Body</u></b>	L1 - Online friendships L2 - Staying safe online L3 - Puberty L4 - Menstruation L5 - Emotional changes during puberty L6 - First aid: Bleeding L7 - Alcohol, drugs and tobacco: Making decisions
<b><u>Economic Wellbeing and Transition</u></b>	L2 - Weekly budgets L4 - Risks with money online L6 – What makes a suitable career?  Transition to Y6