

Year 6

Unit of Work	Objectives Covered	Date Covered
<u>My healthy self: How do my choices today shape my future health?</u>	L1 – Why do healthy teeth matter for the future? L2 – How can I eat for a healthier future? L3 – What habits might support my future health? L4 – How can I recognise and regulate complex feelings? L5 – How does my mindset affect my personal growth? L6 – How can I support self-esteem for myself and others?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>Connecting with others: What does it mean to stand up for myself and others?</u>	L1 – How does self-respect help me? L2 – How can I be respectful in different situations? L3 – How can I set and respect boundaries? L4 – How can we challenge unfairness? L5 – How should we work together to stop bullying? L6 – When and how should I seek help?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>The online world: How do I feel about the things I see online?</u>	L1 – How do online platforms keep users engaged? L2 – How can I make safe choices if I am gaming online? L3 – Is online content always realistic? L4 – What is harmful online behaviour? L5 – Does what we post online matter? L6 – How does being online make me feel?	L1 - L2 - L3 - L4 - L5 - L6 -

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<u>Citizenship – How can we protect everyone’s rights?</u>	L1 – L2 – L3 – L4 – L5 – L6 –	L1 - L2 - L3 - L4 - L5 - L6 -
<u>Staying Safe: How can I stay safe as I grow up?</u>	L1 – How can I stay safe on my own at home? L2 – How can I stay safe outside on my own? L3 – How can I travel safely on my own? L4 – How can I stay safe in, on and around water? L5 – How can I stay safe when I feel peer pressure? L6 – How can I stay safe around drugs?	L1 - L2 - L3 - L4 - L5 - L6 -
<u>Sex education: How do people become parents and carers?</u>	L1 – Which words can we use to describe our private body parts? L2 – How are babies made? L3 – What happens in pregnancy and how are babies born? L4 – How are families formed? L5 –How does life change after having a baby? L6 – What is consent?	L1 - L2 - L3 - L4 - L5 - L6 -