

Personal Development Curriculum Overview

PD	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Personal hygiene Self-regulation Rules/routines/ boundaries	Social and emotional development Making friendships and relationships	Mental Health and Wellbeing – Healthy eating/dental hygiene Emotions and feelings using myHappyMind	People who help us and road safety	RSE – Pants are private and respecting the feelings of others/being an individual	Transition Cojo teamwork, resilience and perseverance
Year 1	New Beginnings	Cojo – Traditional Tales Consent – Asking for permission	Drugs and Alcohol – Medicine and People Who Help Us	Mental Health and Wellbeing – Pants are Private	RSE – Growing and Caring for Ourselves	Transition
Year 2	New Beginnings	Cojo – Samuel Pepys Consent – Asking for permission	Mental Health and Wellbeing -	Drugs and Alcohol – Keeping Safe Pants are Private	RSE - Differences: Boys and Girls	Transition
Year 3	New Beginnings KiVa – how to feel safe and exploring emotions	Outdoor Adventures Consent – Giving and Seeking permission KiVa – being part of a group and knowing that no one is left out	Mental Health and Wellbeing - KiVa – learning that we do not bully or join in with bullying	Drugs and Alcohol – Smoking Pants are Private KiVa -supporting anyone who is being bullied and telling an adult about bullying	RSE - Valuing differences and keeping safe KiVa – create our own KiVa contracts	Transition
Year 4	New Beginnings	Cojo – Bear Grylls Consent – Giving and Seeking permission and personal boundaries	Mental Health and Wellbeing –	Drugs and Alcohol– Alcohol Pants are Private	RSE – Growing up	Transition

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	KiVa – KiVa stands for a positive school environment	KiVa – to know the difference between emotions and actions	KiVa – to know the most common consequences of being bullied	KiVa -to know that it might be difficult to take the victim’s side	KiVa – create our own KiVa contracts	
Year 5	New Beginnings KiVa – we treat everyone with respect and everyone belongs	Cojo – Tim Peake Consent – Personal boundaries and appropriate and inappropriate touch KiVa – we do not bully and we learn about hidden forms of bullying	Mental Health and Wellbeing - KiVa – we understand the consequences of bullying and not to join in with bullying	Drugs and Alcohol – Legal and illegal drugs Pants are Private KiVa – we support anyone who is bullied and know to tell an adult	RSE - Puberty KiVa - create our own KiVa contracts	Transition
Year 6	New Beginnings	Cojo – Nancy Wake	Consent – Personal boundaries and appropriate and inappropriate touch	Pants are Private Mental Health and Wellbeing –	RSE – Puberty and Reproduction	Transition to High School – PSHE Association Drugs and Alcohol – Preventing early use
Additional		Children In Need – November Christmas/Season Cards	Children’s Mental Health Week 7th – 13th February Internet Safety Day 8 th February	Red Nose Day – Friday 18th March Anti-Bullying Week 21st March Mother’s Day Cards		Father’s Day Cards Pride Day – June Leighton’s Got Talent

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