Linaker Primary School

Headteacher: Mr Cunniffe

Dear Parents and Carers,

Anti-Bullying Week 2026

From Monday 16th November to Friday 20th November, Linaker Primary School will be taking part in Anti-Bullying Week 2026, led by the Anti-Bullying Alliance. This year's theme is "Break the Silence."

The theme recognises that many children experience bullying or witness unkind behaviour but do not always tell someone about it. Throughout the week, we will be encouraging children to understand that their voice matters and that speaking up, seeking help and supporting others can make a real difference.

At Linaker, this message links closely to our TEAM values:

- **Togetherness** - standing together and ensuring nobody feels alone.
- **Empathy** - understanding how our words and actions affect others.
- **Aspiration** - having the confidence to do the right thing, even when it is difficult.
- **Mutual Respect** - treating everyone with kindness, fairness and dignity.

During the week, children will take part in assemblies, discussions and classroom activities that will help them:

- Understand what bullying is and the impact it can have.
- Recognise that bullying can happen face-to-face, online and through group chats or social media.
- Learn safe and positive ways to support themselves and others.
- Identify trusted adults they can speak to if they are worried.
- Develop the confidence to challenge unkindness and seek support when needed.

To launch the week, we will be joining schools across the country in celebrating Odd Socks Day on Monday 16th November. Children are invited to wear odd socks with their normal school uniform to celebrate individuality and the qualities that make us all unique. There is no cost to participate and there is no need to buy anything special.

Throughout the week, we will be reinforcing the important message that breaking the silence does not mean solving problems alone. It means recognising when something is wrong, supporting others, speaking to a trusted adult and helping to create a school community where everyone feels safe, valued, respected and heard.

We would be grateful if you could support this message at home by talking with your child about the importance of kindness, inclusion and seeking help whenever they are worried about themselves or someone else.

Together, by living our TEAM values every day, we can ensure that Linaker remains a place where every child feels they belong and where everyone has the confidence to Break the Silence.

Thank you for your continued support.

Yours sincerely,

M. Cunniffe
Headteacher
Linaker Primary School

The Anti-Bullying Week Pledge:

"When we see something wrong, we won't ignore it. When someone needs support, we will help them find it. When we are worried, we will speak to someone we trust. Together, we will Break the Silence."