



Headteacher: Mr Cunniffe

Dear Parents and Guardians,

As part of our ongoing commitment to providing comprehensive and age-appropriate education for your child, we are writing to inform you about the upcoming Relationship and Health Education component of our PSHE (Personal, Social, Health, and Economic) curriculum for Year 3.

During this half term, we will be introducing the 'Changing Me' unit from the Jigsaw PSHE program. This unit is designed to help children understand the concept of growth and change in a sensitive and age-appropriate manner.

What Your Child Will Learn

The focus will be on the following key areas:

Understanding Changes: Children will learn about how they have changed since they were babies and how their bodies change during the growing up process.

Babies: Learn about how babies grow and develop in a mothers' uterus.

Physical Differences and Respect: Discussing the physical differences (inside and outside) between boys and girls in an age-appropriate way, fostering respect and understanding. We will be using the PANTS resources through the NPSCC.

How We Teach

Our approach is to provide this information in a safe, supportive, and non-judgmental environment. The lessons will be delivered through age-appropriate activities, stories, and discussions. We aim to foster a positive and respectful understanding of these natural changes, ensuring children feel comfortable and informed.

Parental Involvement

We value your role in your child's education and understand that discussing these topics can be sensitive. To support you further, please speak to your child's class teacher, who can provide information and resources to help you continue these important conversations at home.

We are committed to ensuring that our students receive a well-rounded education that supports their overall Health and Well-being. Thank you for your continued support in your child's learning journey.

If you have any questions or concerns, please do not hesitate to contact us.

Warm regards,

Mr Mark Cunniffe
Headteacher

Mrs Vicky Taylor
PSHE Subject Lead



An Endeavour Learning Trust School
Registered in England
Company Registration Number 7848372
VAT Registration Number 125718416

01704 532 343
office@linaker.org.uk
Sefton Street, Southport, PR8 5DB