



Headteacher: Mr Cunniffe

**Dear Parent/Carer,**

As part of our ongoing commitment to providing comprehensive and age-appropriate education for your child, we are writing to inform you about the upcoming Relationship and Sex Education component of our PSHE (Personal, Social, Health, and Economic) curriculum for Year 6.

Starting after half term, we will be introducing the '**Changing Me**' unit from the Jigsaw PSHE program. This unit is designed to help children understand the concept of growth and change in a sensitive and age-appropriate manner.

### **What Your Child Will Learn**

The focus will be on the following key areas:

- **Understanding Puberty:** A detailed exploration of the physical and emotional changes that occur during puberty for both boys and girls.
- **Personal Hygiene:** Discussing the importance of looking after yourself both physically and emotionally during puberty.
- **Reproductive System:** The scientific aspects of human reproduction, including the biological processes involved, are taught as part of the compulsory National Curriculum Science lessons.

### **How We Teach**

Our approach is to provide this information in a safe, supportive, and non-judgmental environment. The lessons will be delivered through age-appropriate activities, stories, and discussions. We aim to foster a positive and respectful understanding of these natural changes, ensuring children feel comfortable and informed. The school nurse will also be visiting during the week to answer any further questions your child may have.

### **Parental Involvement**

We value your role in your child's education and understand that discussing these topics can be sensitive. To support you further, please speak to your child's class teacher, who can provide information and resources to help you continue these important conversations at home.



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### **Important Note on Withdrawal Rights**

Under the national curriculum requirements, Relationship Education (RE) is a compulsory part of the PSHE curriculum for all children. Therefore, **parents do not have the right to withdraw their child from these lessons.** We are committed to delivering this content in an age-appropriate and respectful manner, ensuring that all students receive a well-rounded education to support their overall well-being.

Thank you for your continued support in your child's learning journey. If you have any questions or concerns, please do not hesitate to contact us.

Kind regards,

Mr Mark Cunniffe

Mrs Vicky Taylor

Headteacher

PSHE Lead



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