



Allergy Safety Policy

Section 34 of the [Children's Wellbeing and Schools Act 2026](#) requires that LA-maintained schools, academies and PRUs must have an allergy safety policy.

1. Policy Statement

At **Little Digmoor Primary School**, we are committed to providing a safe, inclusive and supportive environment for all pupils, staff and visitors with allergies. We recognise that allergies can have a significant impact on a child's health, wellbeing and ability to access learning.

The school aims to:

- Minimise the risk of exposure to known allergens.
- Ensure staff are trained to recognise and respond to allergic reactions, including anaphylaxis.
- Support pupils with allergies to participate fully in all aspects of school life.
- Promote awareness, understanding and inclusion across the school community.
- Maintain effective procedures for the storage and administration of emergency medication.

2. Roles and Responsibilities

Headteacher / Deputy Headteacher

The Headteacher, or designated member of the Senior Leadership Team, is responsible for:

- Overseeing implementation of this policy.
- Ensuring annual staff training takes place.
- Monitoring allergy incidents and near misses.
- Reviewing risk assessments and Individual Healthcare Plans (IHPs).
- Ensuring policy compliance and annual review.

All Staff

All staff must:

- Be familiar with pupils who have allergies.
- Know how to access healthcare plans and action plans.
- Recognise symptoms of allergic reactions.
- Follow emergency procedures.
- Take reasonable steps to reduce exposure to allergens.
- Report incidents and near misses promptly.

Parents and Carers

Parents are expected to:

- Inform school of any allergies.
 - Provide up-to-date medical information and medication.
 - Ensure medication remains in date.
 - Supply updated healthcare and allergy action plans where required.
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3. Staff Training

Little Digmoor Primary School will provide annual allergy awareness and emergency response training for:

- Teachers
- Teaching assistants
- Lunchtime supervisors
- Office staff
- Breakfast and after-school club staff
- Supply staff and regular volunteers

Training will cover:

- Food and non-food allergies.
- Recognising allergic reactions.
- Identifying anaphylaxis.
- Use of Adrenaline Auto Injectors (AAIs).
- Emergency procedures.
- Location of medication.
- Individual Healthcare Plans.
- Responsibilities for reducing allergen exposure.

New staff will receive allergy awareness information as part of their induction programme.

4. Promoting Wellbeing

Little Digmoor Primary School recognises that allergies can cause anxiety for pupils and families.

We will:

- Create a supportive and inclusive culture.
 - Encourage pupils to speak to trusted adults about concerns.
 - Address any bullying related to allergies through the Behaviour Policy.
 - Promote understanding and respect among pupils.
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5. Identifying Pupils with Allergies

The school will maintain an up-to-date register of pupils with allergies.

Information will be gathered through:

- Admission forms.
- Information from previous settings.
- Medical information supplied by parents.
- Healthcare professionals where appropriate.

The register will identify:

- Known allergens.
 - Severity of reactions.
 - Medication required.
 - Location of medication.
 - Individual Healthcare Plans and Allergy Action Plans.
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6. Individual Healthcare Plans (IHPs)

Pupils with significant allergies may require an Individual Healthcare Plan.

Children in our school currently have an IHP. A copy of this plan has been provided to parents, given to the class teacher, provided to the kitchen staff and office staff along with the headteacher and in the first aider file.

A child in school, has an Epi-Pen. Their pens x2 are placed in an allergy bag, with their inhaler, in the classroom. It also contains their allergy action plan and their IHP. Procedures have been out in place for the staff to following regarding out of class times.

Plans will include:

- Details of the allergy.
- Signs and symptoms.
- Emergency procedures.
- Medication arrangements.
- Responsibilities of staff.
- Requirements for educational visits.

Plans will be reviewed annually or sooner if medical needs change.

7. Minimising Risk

Food Provided by School

The school will:

- Ensure allergen information is available.
- Consider individual pupil needs when planning meals or snacks.
- Communicate with families regarding dietary requirements.

Food Brought into School

Parents are asked to:

- Inform school before sending food for celebrations or events.
- Follow guidance provided regarding allergens.

The school may implement additional measures where individual risk assessments identify a specific need.

Curriculum Activities

Staff will consider allergens when planning:

- Cooking activities
- Food tasting
- Science investigations
- Art and craft activities
- Animal-related activities

Risk assessments will be completed where necessary.

8. Prescribed Adrenaline Auto Injectors (AAIs)

Pupils prescribed an AAI must have rapid access to their medication.

The school will:

- Ensure medication is clearly labelled.
 - Store medication in an accessible location.
 - Make staff aware of medication locations.
 - Ensure medication accompanies pupils on visits and sporting activities.
 - Regularly monitor expiry dates.
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9. Spare Adrenaline Auto Injectors and the needs of the children.

Little Digmoor Primary School will maintain spare AAIs where permitted and appropriate.

The school will:

Our spare AAI kit is stored outside the Headteacher's Office on the wall. There are posters in the main entrance and in the staff corridor leading to staff room to indicate this.

We have a medical notice board, near to the staff room with emergency instructions with how to use AAIs and outside the headteachers office. This also contains information on Asthma.

- Ensure devices are readily accessible.
- Check expiry dates regularly. The expiry dates have been checked and logged.
- Replace used or expired devices promptly.
- Store devices according to manufacturer guidance.

We also have an emergency asthma kit which is situated outside the headteachers office.

10. Educational Visits and Residentials

All pupils should be able to participate safely in educational visits.

For pupils with allergies:

- Individual risk assessments will be completed.
 - Relevant staff will be informed and trained.
 - Medication will accompany the pupil at all times.
 - Emergency procedures will be reviewed before departure.
 - Parents will be consulted where necessary.
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11. Emergency Procedures

If an allergic reaction occurs:

1. Remain calm and seek assistance.
2. Follow the pupil's Allergy Action Plan.
3. Administer medication if required.
4. Call 999 immediately if anaphylaxis is suspected.
5. Inform parents/carers as soon as possible.
6. Record the incident using school procedures.

Staff should never delay administering adrenaline where anaphylaxis is suspected.

12. Recording Incidents and Near Misses

All allergy incidents and near misses will be:

- Recorded on the school's incident reporting system.
 - Reported to the Headteacher.
 - Reviewed to identify lessons learned.
 - Used to strengthen future practice and procedures.
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13. Information Sharing and Confidentiality

Information relating to allergies will be shared with staff on a need-to-know basis.

The school will:

- Comply with UK GDPR requirements.
 - Handle medical information sensitively.
 - Ensure staff have sufficient information to keep pupils safe.
 - Maintain confidentiality wherever possible.
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14. Raising Awareness

The school will raise awareness through:

- Annual staff training.
- New staff induction.
- Parent communications.
- School website publication of this policy.
- Appropriate age-related pupil awareness activities.

The policy will be available on the **Little Digmoor Primary School website** and in hard copy on request.

Monitoring and Review

The Governing Body and Headteacher will review this policy annually or sooner following:

- Changes to legislation or guidance.
- Serious incidents.
- Identified areas for improvement.
- Significant changes in pupil medical needs.

Little Digmoor Primary School Commitment

"Every child deserves to feel safe, included and supported. Through effective allergy management, training and partnership with families, Little Digmoor Primary School will work to ensure that pupils with allergies can fully participate in school life and achieve their potential."

Little Digmoor Primary School

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Date of Review: 31.08.26

Next Review Date: September 2027

Responsible Leader: Headteacher / Designated Allergy Lead

Approved by: Governing Body