

PARENT/CARER CONSULTATIONS

We offer a free and confidential service supporting children and young people, aged 5-18, with mild to moderate emotional health and wellbeing needs.

We work in 63 schools and colleges throughout Chorley, South Ribble, Preston and West Lancs.

Are you the parent/carer of a young person who is experiencing mild to moderate anxiety or low mood?

This could look like:



FEELING
WORRIED



STRUGGLING
TO
SLEEP



WITHDRAWAL
FROM FAMILY,
FRIENDS
AND/OR USUAL
ACTIVITIES



STRUGGLING TO
CONCENTRATE



TEARFUL

IF ANY OF THE ABOVE SOUNDS LIKE YOUR CHILD/YOUNG PERSON WE CAN HELP!

If your young person attends one of our 63 schools we can offer a consultation with one of our friendly practitioners.

They can offer you advice, guidance and signposting to support you to support your child/young person.

To complete our consultation form Scan our QR Code or type in the web address below into your web browser.

 bit.ly/Parent_Carer_Consultation



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