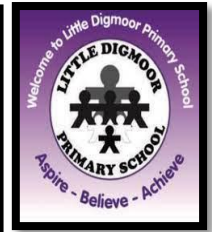


PE Long Term Plan: 2026-27

At Little Digmoor, PE is taught from Early Years through to year 6, once a week. We aim to develop children's fundamental skills from a young age so that they can apply their skills to specific games and sports as they grow and develop. In Early Years and Key Stage One, children are working on units of fundamental skills including running, jumping, catching and throwing. In Key Stage Two, children are taught using the PE Passport scheme where units are carefully selected in order to meet the needs of the children in each class. The scheme is designed to deliver the national curriculum for physical education for children aged 3 – 11 years. Children in key stage 2 (years 3-6) also participate in swimming lessons on a weekly basis throughout the year.



Subject Leader: Carl Webb

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Run, jump and balance	Gymnastics	Dance	Hop, skip and step	Roll and throwing	Catch, kick and strike
Year 2	Run, jump and balance	Gymnastics	Dance	Hop, skip and step	Roll and throwing	Catch, kick and strike
Year 3	Net/Wall Games	Gymnastics	Dance	Invasion Games	Striking and Fielding	Athletics
Year 4	Net/Wall Games	Gymnastics	Dance	Invasion Games	Striking and Fielding	Athletics
Year 5	Net/Wall Games	Gymnastics	Dance	Invasion Games	Striking and Fielding	Athletics
Year 6	Net/Wall Games	Gymnastics	Dance	Invasion Games	Striking and Fielding	Athletics