



Extra-Curricular
PE Timetable
23-24

**Before School
Club**
7 - 8.00
Meeting Point - Browning Road

**Lunchtime
Club**
12.40 - 13.15
Meeting Point - PE changing room

**After School
Club**
15.05 - 16.15
Meeting Point - PE changing room

Monday

Year 7 + 8 Boys' Football
Mr Brahim
4G

Table Tennis
All year groups
Mr Pattison
Dance Studio

Year 8 Boys' Football
Mr Nazar
4G

Year 7 + 8 Handball
Coach
SH

Tuesday

Indoor Rowing
Ms Wells
Fitness Suite

Cricket
All year groups
Mr Denham
SH

Girls' Fitness
All year groups
Ms Thomas
Fitness Suite

Girls' Football
All year groups
Mr Nazar + coach
4G

Year 7-9 Basketball
Coach
SH

Wednesday

Year 9 + 10 Boys' Football
Mr Brahim
4G

Badminton
All year groups
Mr Taylor
Sports Hall

Year 7 Boys' Football
Mr Nazar
4G

Thursday

Girls' Football
All year groups
Mr Brahim
4G

Netball
All year groups
Ms Dennis
SH

Year 9 + 10 Boys' Football
Mr Pattison
4G

Y10 + 11 Fitness
Mr Denham
Fitness Suite

Year 7 + 8 Girls' Netball
Ms Wells
SH

Friday

Girls' Cycling
All year groups
Ms Thomas
MUGA

Expectations

Full LIS PE kit must be worn

The school behaviour system will be used during the club

Students are dismissed from the Rectory Road gate