



Extra-Curricular  
PE Timetable  
2024-2025

## Before School Club

**7 - 8.00**

Meeting Point - Browning Road

## Lunchtime Club

**12.40 - 13.15**

Meeting Point - PE changing room

## After School Club

**15.05 - 16.15**

Meeting Point - PE changing room

**Monday**

**Y9 Boys' Football**  
Mr Nazar  
4G

**Tuesday**

**Y7 + Y8 Boys' Football**  
Mr Brahim + Mr Nazar  
4G

**Y7 - Y11 Indoor Rowing**  
Ms Wells  
Fitness Suite

**Y7 - Y11 Girls' Fitness/Boxing**  
Ms Thomas  
Fitness Suite

**Y7 - Y11 Cricket**  
Mr Denham  
SH

**Wednesday**

**Y7 - Y11 Girls' Football**  
Ms Peaper  
4G

**Y7 + Y8 Girls' Netball**  
Ms Wells  
SH

**Y7 - Y11 Badminton**  
Mr Taylor  
Sports Hall

**Y8 Boys' Football**  
Mr Nazar  
4G

**Thursday**

**Y9 + Y10 Boys' Football**  
Mr Brahim + Mr Nazar  
4G

**Y7 - Y11 Table Tennis**  
Mr Pattison  
Dance Studio

**Y7 - Y11 Netball**  
Ms Peaper  
SH

**Y7 Boys' Football**  
Mr Nazar + Mr Taylor  
4G

**Friday**

**Y7 - 11 Fitness**  
Mr Denham  
Fitness Suite

**Y10 + Y11 Boys' Football**  
Mr Pattison + Mr Nazar  
4G

**Y7 - Y11 Girls' Cycling/Spinning**  
Ms Thomas  
HP

### Expectations

Full LIS PE kit must be worn

The school behaviour system will be used during the club  
Students are dismissed from the Rectory Road exit