



# LITTLE ILFORD SCHOOL

COURAGE • COMMITMENT • COMPASSION

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7<sup>th</sup> May 2021

Dear parents/carers,

I hope you had a well earned rest over the bank holiday weekend.

## Testing

Can I remind you that the students need to be tested twice a week using the Lateral Flow Tests that we are sending out. The result should be reported via school App as per the instructions.

## Maths Anxiety

This week I want to tell you about a forthcoming free webinar for parents entitled: **Helping Your Child Overcome Maths Anxiety & Build Mathematical Resilience**, aimed at parents of children aged 9 to 14.

Using both the latest research and vast experience in this area, the trainer will explain:

1. What maths anxiety is
2. How to spot the signs
3. Practical strategies to help your child cope
4. Actionable tips on helping them build mathematical resilience

The webinar takes place on **Wednesday 12th May at 8pm.**

If you know parents of 9-14 years olds who would be interested, please feel free to pass on [this link](#). They can reserve a place on this page:

[https://us02web.zoom.us/webinar/register/WN\\_qillACidQ7K0PwZ9Tx6tHg](https://us02web.zoom.us/webinar/register/WN_qillACidQ7K0PwZ9Tx6tHg)

## Survey

Our trainee teachers from UCL are conducting a survey about the lockdown of schools as part of their course. If you could spare a few minutes, they (and we) would be very grateful.

The survey can be found here: <https://forms.gle/FAyeEAG4T6jwxZ9q7>

## Headstart

Here is a link to some mental health resources for parents:

[For parents - HeadStart \(headstartnewham.co.uk\)](http://For%20parents%20-%20HeadStart%20(headstartnewham.co.uk))

“... an excellent ambassador for community cohesion within the locality - OFSTED ”

## New Parents Webinars

May-Jul 2021 (flyer expected next week)

What is Early Help?	6 <sup>th</sup> May 2021
Strengthening parents relationships	13 <sup>th</sup> May 2021
Dealing with loss and bereavement	20 <sup>th</sup> May 2021
The importance of fathers and significant males in a child's life	3 <sup>rd</sup> June 2021
Raising black children in today's society	10 <sup>th</sup> June 2021
Supporting your child with their gender and sexual identity	17 <sup>th</sup> June 2021
Understanding anxiety and self-harming behaviour	24 <sup>th</sup> June 2021
Youth Empowerment Programme	1 <sup>st</sup> July 2021
Employment and benefits support	8 <sup>th</sup> July 2021
Holistic support to address overrepresentation of BAME children and young people in the justice system	15 <sup>th</sup> July 2021
Supporting children and young people with health conditions	22 <sup>nd</sup> July 2021

### Parents Webinar Links:

Microsoft Teams meeting - **Join on your computer or mobile app**

[Click here to join the meeting](#)

[Learn More](#) | [Meeting options](#)

### Food Bank

The school has teamed up with 'Highway Vineyard Church' to provide a food bank for the local community. If any parent wants to support this cause, Little Ilford School will have a contribution box in reception for dropping off any food items. Please see the flyer on our website [at this link](#) for more details.

Yours faithfully

Ian Wilson  
Headteacher