

ITTLE ILFORD SCHOOL

COURAGE • COMMITMENT • COMPASSION Rectory Road, London E12 6JB

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Dear Parents/Carers,

I want to take the opportunity to thank you for all of your support over the past half term. I am impressed by the courage, commitment, and compassion shown by many members of our school community. This is evident in the students' attendance being above Newham and National averages. That being said, we are still far off from our normal attendance percentage, so we must work together to continue making improvements in this area.

# **Remote learning:**

As you know, it is now a statutory requirement to provide remote education for students who are self-isolating. Students who are self-isolating can dial in remotely via Google Classroom. You can find the instructions to do this on the remote learning tile on RM Unify. If you experience any issues with this, please do not hesitate to contact us to support. We are waiting for an update from the Government regarding isolating and will update parents with any new guidance.

# Healthy Schools Week: 24th- 28th January

Our programme for the week included a range of fun and exciting activities for both staff and students to participate in. Our Healthy Schools Ambassadors began the week with Healthy Lifestyles Assemblies. These were pre-recorded due to the Covid restrictions and delivered during registration. Well done to the students who gave a well-presented and informative assembly. To begin the week, external sports coaches provided Year 7 PE lessons. The aim was to allow the students to experience various activities that they would not usually participate in during regular PE lessons. Activities included Taekwondo, Fencing, Dance, Boxing and New Age Kurling. Feedback from all sessions was very positive. Students had a great time and expressed their desire for this activity regularly. Our new initiative, the 5-minute Activity Break, pausing lessons at noon each day for a brain energiser, proved very popular. Students were encouraged to participate in a 5-minute movement break video recording led by Mr Brahim.

The final event was the highlight of the week, the Girls Cycle Club trip to Lee Valley VeloPark, where they participated in a one-mile outdoor road circuit with a coach and accompanied by Mr Broadbent. With its hills and sharp corners, the course was quite challenging, making it even more enjoyable. All had great fun, and look forward to another visit to VeloPark.

# Safer Internet Day follow-on links for adults:

6 ... an excellent ambassador for community cohesion within the locality - OFSTED ??



See the attachment to read about 'New Slang Keywords used by students' and language 'watch outs' and get to grips with the slang words used online to help them communicate with each other respectfully and positively. Please see the link below to help with management controls and security whilst online. Tips/guides to keep your child safe online/tablets/phones/consoles/Smart TV. <u>click here</u>.

# Half term activities:

Green Street Celebration 19 & 20 February

FREE fun-packed weekend of workshops and performances for all the family. There will be pop-up stages and events all over Green Street filled with colourful characters, musicians and interactive activities guaranteed to make you laugh, sing and even get up and dance. Celebrating ten years since the Olympics and Paralympics came to Newham, so much to see and do, and it's all free! Saturday 19 February, 2pm-6pm and Sunday 20 February, 12pm-4pm. Stages at Queen's Market, Queen's Square, Crescent Road, Park Road, St Stephen's Parade and Neville Road. www.newham.gov.uk/events Please click here for more information.

Newham's Youth Zones run weekly programmes, and if you'd like to participate in any of the sessions, you can sign up online and join the Youth Zone of your choice. Youth Empowerment Weekly Programme (padlet.com)

HeadStart Newham is a mental health service improving young people and families in Newham. <u>Activities - HeadStart (headstartnewham.co.uk)</u>

If you or someone you know is experiencing financial challenges that prevent them from getting the food they need, please complete this form to refer to the Newham Food Alliance. <u>Newham Food Alliance Referral - Your details - Newham Online Forms</u> (achieveservice.com)

If you need someone to talk to or are facing a crisis and need urgent help contact <u>Emergency help - Newham Talking Therapies</u>

### Railway line safety:

Due to the very high level of trespassing on the tracks by young people in our local area, Network Rail and the Police would like you to support us to educate your child about the dangers of the train tracks by discussing these videos. <u>https://learnliveuk.com/network-rail-secondary-school-safety-talk/</u> <u>https://learnliveuk.com/i-am-train-safe/</u>

I hope you have an enjoyable holiday and family time. I look forward to welcoming everyone back to school after the break and anticipating the outstanding achievements that will take place.

Yours faithfully, Andrew Finn Headteacher

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