



Magazine

Inline

Little Ilford School News & Events Spring 2019 - Issue 26

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Learning together
Achieving together
Succeeding together

Dear Parents/Carers,

Welcome to the latest addition of Inline. As I write, Spring seems to have sprung and we're getting some decent weather. As you might have noticed, we've added benches and tables made of recycled plastic to help the students to relax in the playground and enjoy the sun. The plans for the new floodlit astroturf pitch are at an advanced stage and it looks as though everything will be done before the year is out, including a running track, a long jump pit and cricket nets.

I hope that all of you received the letter I sent about the changing arrangements for our leadership team that come into force in September. I will be reducing the number of days that I work to four and one of our highly experienced Deputy Heads will become the Headteacher on Fridays and over the weekend. This is an exciting move for the school, allowing us to develop staff at all levels. Unlike the government front bench, our leadership team is strong and stable and I am confident that the change will be very positive for our school community.

Last week I had the real pleasure of accompanying three of our year 10 students, Vithulan, Sareeta and Masooma, to Mayfair to give a talk for the Prince's Teaching Institute. Two of the students had just completed the Jack Petchey Speak Out Challenge. It was one of those this-is-what-it's-all-about moments as all three wowed the audience with their speeches and their ability to answer difficult questions. I think that it's so important that our children can stand up in any company and show what fine young people they are. It's another reason why reading is so important for our children, so that they gain experiences that they couldn't get in real life. We recommend at least 40 minutes per day for years 7-8 and 20 minutes per day for years 9-11.

I am pleased with the way that our new school app is being taken up by parents. MyEd allows parents to pick up letters, praise points and check attendance, all via an app on their phone. Please download the app onto your phone from www.myedschoolapp.com, as it will enable you to send reply slips from the comfort of your home. While we're on the subject of attendance, can I remind everyone that I am not authorising holiday requests. The new GCSEs are so demanding in terms of time that we need all 38 weeks of the school year to get the students through the courses.

It only remains for me to thank you for all of your support during the past term and to wish you all a happy Easter.

Mr Ian Wilson
Headteacher



Healthy Schools Week raises vital funds for the BHF

Our focus for Healthy Schools Week in January this year was childhood obesity and to raise as much money as possible for the British Heart Foundation. Students and staff were encouraged to donate in order to participate in a variety of activities, including after school sports tournaments, lunchtime quizzes and various competitions.

The programme kicked off with the Healthy Travel Card scheme, a regular feature which encourages students to cycle into school, collect a travel card and notch up daily stamps throughout the week. The lucky prize draw winner this year was Harshan in 8.9. Other competition winners were Uswah in 8.7 and Tania in 10.1 There was also a special Healthy Eating Homework Cooking Challenge, which was won by Eshaan in 8.6.

In the dining hall Sue our cook and her amazing catering team provided a range of Healthy Highlights meal options along with a range of delicious fresh fruit packs during lunch and break times and on Tuesday the ever popular Disco Bike sessions and Bike Kit sale, organised by our local Bike-It Officer Jeremy from Sustrans, went down a storm. Meanwhile over in the PE Department HeadStart had organised a training session with a personal trainer in the dance studio. Students were put through their paces at a range of challenging exercise stations which were overseen by HeadStart and the YTA's. There was also a live Twitter take over, which took place at the same time, raising awareness of all our fundraising efforts for the BHF.

Wednesday was "Wear Something Red Day" when staff and students donated to the BHF in order to wear an item of red clothing. Raffle tickets were also sold and again students were entered into a prize draw. Winners were Uswah 8.7, Manahil 8.9, Hamza 8.7, Aaron 7.5, Mohammed 7.1 and Zahra in 7.3.

On Friday the Year 7 Dodgeball Tournament took place at lunchtime in the Sports Hall. All the participants were keen and competitive and again a great time was had by all. The final event of the week was the Student, Parent and Staff Badminton session. The Champions title was taken by a very happy parent, who smashed his way through all the challengers in the competition with ease.

By far the biggest highlight of the week was the Sponsored Cycle Ride to Little Ilford Park organised by Jeremy from Sustrans and Ms Thomas. The girls who regularly attend Cycle Club on a Thursday after school were sponsored by family and friends to cycle down to the park and complete sponsored laps of the path. The girls were excellent; braving the cold and muddy conditions they completed over 15 laps of the park and raised over £200 sponsorship for the BHF. The girls had a fabulous time and are really keen to take part in further off-site cycling initiatives in the near future.

Well done to all who took part and contributed towards making our Healthy Schools Week and Fundraising for BHF such a success, raising a total of £468.56 – more than twice the amount of our target.



Year 8 football win

The Year 8 Boys Football Team secured their second Newham League win of the season in a dramatic encounter with Stratford Academy at Wanstead Flats on Tuesday 26th March. Midway through the second half they trailed by two goals, but a whirlwind final fifteen minutes saw them score a tap-in after an egregious goalie error and convert a penalty. Then, with five minutes to play the ball was crossed into the box from the right, Abdi in 8.9 controlled effortlessly and lobbed the approaching keeper to secure all three points!



Table Tennis

Little Ilford pupils represented the school with pride at the Newham Under 16 Table Tennis Championships on Wednesday 13th February. Team A (Mosan, 10.9, Osman, 10.7, Razat, 10.2 and Yusuf in 10.9) qualified top of their group and narrowly missed out on a semi-final place as they lost to Rokeby. Team B (Imrul, 9.4, Azaan, 9.9, Tedric, 9.4 and Abdulqadir in 10.6) just missed out on a quarter final place as they finished runners-up in their group

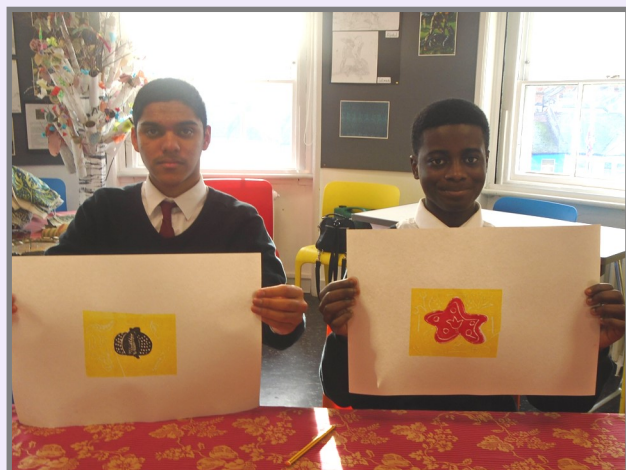


SEN students visit the William Morris Gallery



On Friday 18th January a small group of Year 9 and 11 SEN students from Art took part in a printing workshop at the William Morris Gallery with print maker Anna Alcock. They also had a chance to visit the exhibition about the work and life of arts and crafts artist William Morris. They saw the Enchanted Garden exhibition and also paper cuts by Rob Ryan. After lunch they had some time to explore and have fun in Lloyd park.

All the students produced beautiful prints that will go towards their Art GCSE as well as collecting research for the upcoming exam.



Literacy Week

The first Literacy Week at LIS was marked with lots of activities for the students this term. A word challenge was set where letters were stuck up around the school. The challenge was to use the letters to create as many words as possible. Sohail in 10.5 won with the most and longest word created. A Spelling Bee was held after school which was very competitive and the students were all fantastic and really engaged. The winner was Sadiqur in 7.8 with Ayan in 7.10 was the runner-up.

Speakers Corner was held in the playground during lunch break where KS4 students were challenged to talk about a topic of their choice. The best speech at **Speaker's Corner was won by** Shaiina in 10.6 who chose to talk about uniform and the state of education today.



Sareeta, 10.2



Speaker's Corner winner Shaiina, 10.6



Faiza 11.9 and Aneeka 11.5

The words students had to learn for the Spelling Bee competition



LIS Literacy Week

Instructions: Every day you will be given a list of 5 words that have been used in previous word challenges.

Your task is to **memorise** the spelling and to **state the definition** for each word.

A representative from each form will compete in the grand final on **Tuesday 12th March 2019**. During the final, the representative will be tested on their ability to remember the spelling and definition of the chosen word.

Prizes:

The winning representative will be rewarded with an Amazon Fire Tablet.

The winning form group will be given a box of Krispy Kreme doughnuts.

| Monday | Tuesday | Wednesday | Friday |
|----------------|---------------|-----------------|--------------|
| Discombobulate | Conscientious | Scrupulous | Abstinence |
| Variety | Plethora | Deviante | Prejudice |
| Exuberant | Effervescent | Surreptitiously | Perseverance |
| Superfluous | Philanthropic | Preposterous | Flamboyant |
| Diligent | Democratic | Coherent | Benevolent |

Police cadets win prizes



Little Ilford School Police Cadets Tauqir, 11.1 and Kulsuma in 11.8 were featured in the January edition of the Newham Mag. Tauqir was awarded the Male Cadet of the Year for logging over 300 hours of volunteering and Kulsuma was awarded a runner up award for courage and bravery. Their volunteering involved going to the local parks with the police to find weapons and needles to be collected, attending a carol service, and volunteering with the Junior Cadets at Sandringham and Essex primary schools. The cadets were also tasked with going into local off-licences

and pubs to try and buy alcohol to see if their ID was requested. Quite a few establishments did not which has resulted in prosecution.

Also awarded prizes were Hunny in 8.2 for always being on time and helping, and Hamima in 11.8 and Laiba in 9.2 for volunteering and learning skills.



LIS Students visit local care home

As part of the HeadStart initiative, Year 8 and 9 students visited Baker's Court residential home in January and took part in a very animated Bingo session with the residents.

Alicia and Laiba led the Bingo while all of the other students did a fantastic job buddying up with the 16 residents and taking part. The students went out of their way to help the elderly people, make them laugh and even get them dancing in the case of 85 year old Parker! They also all built such a lovely rapport with every single one of the elderly people (aged 70- 95!), showing such kindness and genuine interest in the residents which was reciprocated. The visit meant a lot to both parties and the students represented Little Ilford, HeadStart and most importantly themselves extremely well. Baker's Court and the students are very keen to visit again in the future.



Year 10 Enterprise success

Year 10 students represented Little Ilford School at the Young Enterprise Regional Finals in Canary Wharf on the 1st April. For their enterprise idea they created unique personalised pens to sell to students, teachers and the public. All the students worked hard and were up against eight other schools and sixth forms from Redbridge, Newham & Bexley. They came away with the 'Best Company Newham' award beating Year 12 and 13 students from the London Design & Engineering UTC. This means they have progressed to the next stage which is the London Finals taking place in May at Citi Group and is the first time our school has progressed to this stage which is fantastic!



Commonwealth Youth Choir

On Monday 11th March the mark Commonwealth Day celebrations, eight students from LIS performed as part of the Commonwealth Children's Choir at the historic Horse Guards Parade.

They performed four songs accompanied by the Band of the Welsh Guards including the debut performance of 'Believe' during which the choir was joined by British soul singer Mica Paris, following the recording of the track at the iconic Abbey Road Studios in January - pictured opposite.



History visit to Berlin

Year 11 students visited Berlin during the half term break, and were lucky enough to enjoy sunny days to take in the historical sights and consolidate their learning of Nazi Germany and the Cold War. The visit was packed with activities such as a walking tour, The Palace of Tears Museum, the DDR Museum, Checkpoint Charlie and an evening trip to the TV Tower to take in breathtaking views of the city



The Berlin TV Tower



Taking a break on the walking tour



Sachsenhausen concentration camp



Checkpoint Charlie



The Brandenburg Gate at sunset

Creative writing

Bhavika in 11.2 is an aspiring writer. She wrote this piece when she was in Year 9 as part of an assessment and her teacher was so impressed with its quality, we would like to share it here.

Rain

I wasn't the only one. Everyone else wore black too. Apart from my brown shoes, there were only black shoes, black trousers, black shirts, black hats, and even had their depressed yet sympathetic masks upon their faces. It was as if they were all drugged by loss. The salty tears drowned the colour out of their skins and only a faint scar appeared at the top of their hearts. They had absolutely no idea that mine had obliterated into millions of shards and each one stabbed the inside of my stomach making the acid boil. All hope had disappeared. My eyes fell shut and I just wanted all of this to be over once they opened again.

I could see her face again. Young, innocent, clueless to the disease. I could hear her voice too. Her laughter was the most precious gem in the world and no amount of time could make me forget the way a huge grin would run from cheek to cheek when she made a joke about my awful taste in clothes or how badly I burnt her dinner. A sigh left my frowned mouth as I held the urn closer to my empty heart and gasped again for dear life.

The rain poured down but I liked it.

It was calming just to hear the faint droplets fall one by one until they hit the ground. Soaking into the earth to rejuvenate the crumpled soil. She loved the rain as well. Sitting in her hospital bed whilst staring out the window with those big blue eyes longing to jump in puddles again. Red wellies colliding with the muddy nature of our back garden making endless mess.

I treasured playing the rain game with her; watching two competitive beads of water race down the window until the winning one fell on the sill. Drip. She hadn't the faintest idea why she was in hospital still. Drip. The tears rushed down onto my cheeks and trickled onto the lid of the urn. Drip.

All these emotions; burying and suffocating me; taking out my every breath, just as hers was taken. I give up. I can't hold on any longer. I want to hold on to her longer. My eyes opened and my brown tattered boots still dug into the graveyard grounds with pale eyes fixated on me as my sweaty fingers clutched the ceramic vase that carried my daughter. I sound like a child. Pleading that I don't want to let go of my most precious possession and being too stubborn to accept the fact that she's dead.

Death.

"A terribly foul masked ghost with a draped, thin body like a black sheet, that lurks inside the human body getting powerful each day that passes until there's no more strength to fight against it. The horrific truth hidden being life: the beautiful lie." Even at only eight years old she understood the true meaning of living better than I could or ever will.

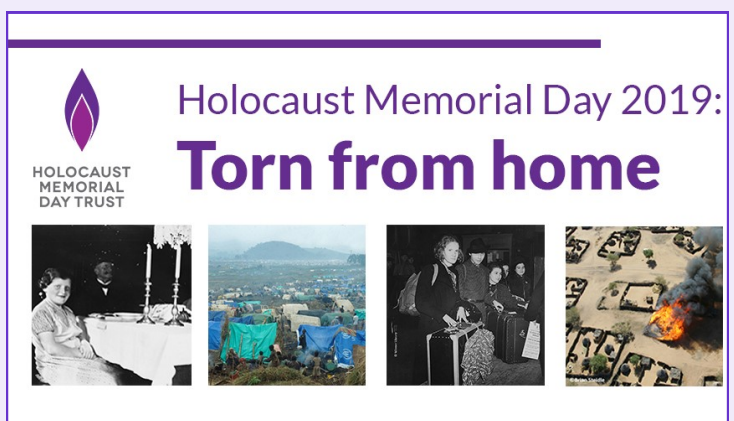
My grip loosens around the circumference of the urn until its presence vanishes. Her hand intertwined with mine begins to loosen and her grip is lost. Her heartbeat lost its sync with mine and I'm unable to keep her safe. She's gone.

Holocaust Memorial Day

On Friday 25th January five Year 10 history students visited Newham Town Hall to take part in the commemoration of Holocaust Memorial Day. The event also marked the anniversaries of the genocides in Rwanda and Cambodia. The theme for this year was "Torn from Home" to show us how the loss of a safe place to call 'home' is part of the suffering faced by anyone experiencing persecution and genocide. We were fortunate enough to meet and hear the story of Holocaust survivor Harry Oliver BEM, who spoke of all the horrors he had to witness and go through. In addition to this, we heard speeches from the Mayor of Newham, Rokshana Fiaz OBE,

as well as other guest speakers. The event ended with six candles being lit to symbolise the six million Jews who were killed, followed by a minute of silence and reflection.

Aysha, 10.9



Save the elephants

Ms Appiah's Year 8 Careers school group has decided to highlight the crime of elephant poaching. Sumaiya, 8.5, and Umaima, 8.5 describe their efforts:

Shockingly, the population of elephants is rapidly decreasing every year and it is predicted that every day at least 100 elephants are being poached for their precious tusks. Did you know one elephant is being poached every 15 minutes? These species are now considered endangered so we need to do our best as a community to stop elephant poaching.

Why are they being poached?

Elephants are being poached for their tusks which is then turned into ivory. Ivory is then used to make things like ornaments, jewelry etc. Ivory is being sent to different countries and China is known to be the world's biggest ivory market in the world.



Anti-Elephant poaching campaign

There have been a lot of communities who have come together to stop elephants from being poached. There are many different campaigns such as The African Wildlife Population, International Fund for Animal Welfare, the Tusk Trust and many more...

Our campaign

We have been working on our campaign called the 'Eye of the Elephants' in our careers school. Our primary aim is to educate and raise awareness of the treacherous acts of poaching. Even though we may seem so far from the issue, we still have a part to play. We recently went on a trip to Nomura, a Japanese finance company, where we were able to develop our ideas and plan our campaign in much more detail. This was effective as we were able to refine our ideas. Additionally, this has helped us to develop our understanding of trade and business.



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In June, we hope to have lunchtime stall where we would appreciate if you could generously donate to help our campaign to succeed.



Download our school app



We now have a dedicated school app which is free to download for parents. This gives up to date information on your child's attendance and achievements. You can also access important letters to parents, school term dates and the latest news and events. If you haven't already downloaded this useful app, go to <https://www.myedschoolapp.com/> or search for MyEd in the App store or Google Play.

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