



# LITTLE ILFORD SCHOOL

COURAGE • COMMITMENT • COMPASSION

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Dear parents/carers,

You will have heard that the government has reduced the number of days of self-isolation from 14 days to 10 from Monday. However, they have not advised schools on what to do with students who are already isolating for 14 days at the moment. For that reason, students who are in the middle of self-isolation should continue with their 14 day isolation as instructed until advice to us from public health changes. The number of cases in school continues to rise slowly, although we are being careful to follow up on everything that is reported to us. Things are changing on an almost daily basis at the moment and we will continue to keep you informed as soon as information comes through.

I have also received the following from the borough for your information:

### Information on testing options

In the run up to the festive period we are working with our colleagues across North East London to do everything we can do reduce the spread of Covid-19 both in Newham and North East London. Therefore, we are providing additional testing options to ensure people can get tested and check if they are Covid-19 negative before joining their Christmas bubbles.

For a limited time, you can get tested for Covid-19 if you don't have symptoms. This will ensure that those who have Covid-19 without symptoms keep their loved ones safe by not joining a Christmas bubble. Testing your family will help to protect others. Please make sure your staff, students and parents are aware of and encouraged to take up this offer.

These tests will take place pop-up test sites that are only for people who do not have Covid-19 symptoms. Appointments are required and can be booked by calling 119 or visiting [www.nhs.uk/ask-for-a-coronavirus-test](http://www.nhs.uk/ask-for-a-coronavirus-test). When booking make sure you choose 'Your local council has asked you to get a test' from the options available.

However, it is important to remember that your test result only applies for the time that you got tested. In order to keep your family and friends safe it is important to follow the guidance – keeping your distance from those you don't live with, wearing a face covering, washing your hands regularly for at least 20 seconds and keeping indoor spaces well ventilated.

As usual, if you have any of the three main Covid-19 symptoms (new persistent cough, fever or loss/change of your sense of smell or taste) you should get tested at one of our drive-through or walk-through sites, or via a home test kit.

“ ... an excellent ambassador for community cohesion within the locality - OFSTED ”



The nearest drive-through test sites are at: Lea Valley Athletics Track, Edmonton and O2 Arena, Greenwich. The three walk-through test sites are at: Hilda Road, East Ham; Kingsford Way, Beckton; and Paul Street, Stratford. Appointments at drive-through and walk-through test sites, as well as home test kits, can be booked by calling 119 or visiting [www.nhs.uk/ask-for-a-coronavirus-test](http://www.nhs.uk/ask-for-a-coronavirus-test)

Note: Children (under 18 years old) must be accompanied by an adult when getting tested.

Yours faithfully

Ian Wilson  
Headteacher