Secondary Menu Autumn / Winter 2019/20

KEBR

JUN PE	Monday R	Tuesday	Wednesday	Thursday	Friday			
Dish Day	Chilli Con Carne with Tacos & Rice	BBQ Chicken Wings with Jacket Wedges	Roast Turkey with Yorkshire Pudding & Roast Potatoes	Lamb & Vegetable Jolloff Rice	Fish Fillet in Batter with Chips			
2 Dish Day	Vegetarian Burrito	Aloo Gobi Curry, with Rice, Samosa & Raita	Quorn 'Toad in the Hole' with Roast Potatoes	Veggie Spaghetti Bolognese with Focaccia	Minced Beef & Onion with Chips or Mash			
Street FOOD	Deluxe Gourmet Burger	Fish Burger with Lemon Mayo	Piri Piri Chicken Flatbread	Sweet & Sour Chicken with Noodles	Cheese & Tomato Panini			
dessert	۷ Fruit Flapjack	Sticky Honey & Orange Cake with Custard	Pear & Chocolate Crumble with Custard	Pineapple & Coconut Sponge with Custard	Cherry Cheesecake			
Newham London			Linden Living Wage Employer		SOIL Association			

Available daily with all meals: Free access to Salad Bar, Seasonal Vegetables, Additional Bread

Secondary Menu Autumn / Winter 2019/20

Monday Tuesday Wednesday Thursday Friday PER Roast Lamb & Thai Green Lasagne with Jerk Chicken Yorkshire **Fish Fingers Chicken Curry Garlic Slice** with Rice & Peas Pudding with with Chips with Noodles **Roast Potatoes** V V \bigvee \bigvee **Roast Vegetable Cheese & Leek** Southern Quorn & Sweet Lasagne Veggie Chilli Dog Flan with **Seasoned Chicken Potato Curry Roast Potatoes** with Garlic Slice with Chips with Rice & Naan Meatball Veggie Street **Chicken Flatbread** Tuna Ciabatta **Deluxe Club** Enchilada Sub Roll with Chilli Sauce Melt **Chicken Burger** Marinara Melt with Chips \bigvee Apple & Sultana **Peach Melba** dessert Lemon Drizzle Chocolate **Chunky Fruit Salad** Crumble Sponge **Cake with Custard** Brownie & Frozen Yoghurt with Ice Cream & Custard Newham London

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Secondary Menu Autumn / Winter 2019/20

JUN PE	Monday R	Tuesday	Wednesday	Thursday	Friday			
Dish Day	'New York' Style Spaghetti & Meatballs	Shepherd's Pie	Roast Chicken with Stuffing & Roast Potatoes	Piri Piri Chicken with Savoury Rice	Fish Fillet In Batter with Chips			
2 Dish Day	Greek Style Chicken Souvlaki with Rice	Blackened Cajun Chicken with Sweet Potato Wedges	Creamy Fisherman's Pie	Vegetarian Keema Naan with Raita	Bangers & Mash (or Chips) with Onion Gravy			
Street F00D	V Halloumi Kebab & Salad in Pitta Bread	Spicy Bean Burger in Bun & Coleslaw	Cheese & Onion Pasty with Roast Potatoes	Chicken & Vegetable Stir Fry with Noodles	Mac & Cheese & Garlic Bread			
dessert	Waffles with Fruit & Ice Cream	Chocolate Mousse	Jam & Coconut Sponge with Custard	Mandarin & Kiwi Cheesecake	Raspberry Ice Cream Sponge Roll			
Newham Londor)		Lindon Living Wage Employer		Soil Association FOOD FOR LIFE CATERING MARK			

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